

COATESVILLE

CROSS COUNTRY



2012

Book Created By Jared Henderson

Special Thanks to the following:

Cross Country Booster Club and Parents

Steven Massaro

Coach Andrew

Coach Sheridan

Andrew Mahoney

And

All of the athletes that made this season a great one.

2012 SCHEDULE

Date	Meet	Location
August 18	Alumni (Time Trial)	Hibernia Park
August 22	Reading & McCaskey	Away
September 1	Big Valley Invitational	Away
September 5	West Chester Henderson & Avon Grove	Home
September 8	PennTrackXC Invitational	Kutztown University
September 12	Downingtown East	Home
September 25	West Chester East & Bishop Shanahan	Away
September 29	Carlisle Invitational	Away
October 3	Downingtown West	Home
October 6	Steel City Invitational	Home
October 19	Ches-Mont Championships	Away
October 26	District 1 Championships	Lehigh University
November 3	PIAA State Meet	Hershey

2012 CROSS COUNTRY SEASON PREVIEW

FOUNTAIN OF YOUTH

COATESVILLE

Head coach: Keith Andrew

Last season: 1-5, boys; 0-6, girls (National Division)

Key runners: Phil Gemmell, Connor Riisen, Steven Massaro, T.J. Miranda, Jared Henderson, Josh Konitzer, Danny Hackmeister, Kelly Boulger, Nikki Singley, Danielle McFadien, Johanna Lamb, Natalie Thomas

Outlook: "Last year, the girls team was 0-6," said Andrew. "This year we are looking to take a step up but without the numbers we have many hurdles to overcome. The boys team was 1-5 last season with a very young program. The young men are working very hard and showing great improvement from last year."

2012 RUNNERS

Seniors
Andrew Coicou
Phil Gemmel
Nathaniel Henderson
Tyler Hudock
Brandon Mengel
Nikki Singley

Juniors
Deiondre Brown
Danny Hackmeister
Steven Massaro
Kyle McCausland
Kelly Boulger
Johanna Lamb
Danielle McFadien
Corine Mendenhall

Sophomores
Christoff Abraham
Josh Catagena
Ian Dietrich
Nathan Gemmel
Jared Henderson
Josh Konitzer
TJ Mirenda
Connor Riisen
Robert Ruprecht
Marlowe Toolles
Natalie Thomas

Freshman
Jack Boccelli
Blake Ettien
Jack Griffith
Roger Mayris
Rob Tipton
John Woodard

Boys 2012 Season Summary

Ches-Mont Finish

National Division League Record

1 Win

5 Losses

Championship Race: 9th

League Overall Finish: 5th

National Division Overall Record

1 Win

5 Losses

Invitational Races

Big Valley Invitational	4 th Place Team
PennTrackXC Invitational	5 th Place Team
Carlisle Invitational	11 th Place Team
Steel City Invitational	6 th Place Team
Ches-Mont Championships	9 th Place Team
District 1 Championships	38 th Place Team

League Races

Coatesville 50	West Chester Henderson 15
Coatesville 44	Avon Grove 17
Coatesville 43	Downingtown East 21
Coatesville 47	West Chester East 16
Coatesville 23	Bishop Shanahan 32
Coatesville 44	Downingtown West 19

GIRLS 2012 SEASON SUMMARY

Ches-Mont Finish

National Division League Record

0 Wins

6 Losses

Championship Race: N/A

League Overall Finish: N/A

National Division Overall Record

0 Wins

6 Losses

Invitational Races

Big Valley	N/A
PennTrackXC Invitational	N/A
Carlisle Invitational	N/A
Steel City Invitational	N/A
Ches-Mont Championships	N/A
District 1 Championships	N/A

League Races

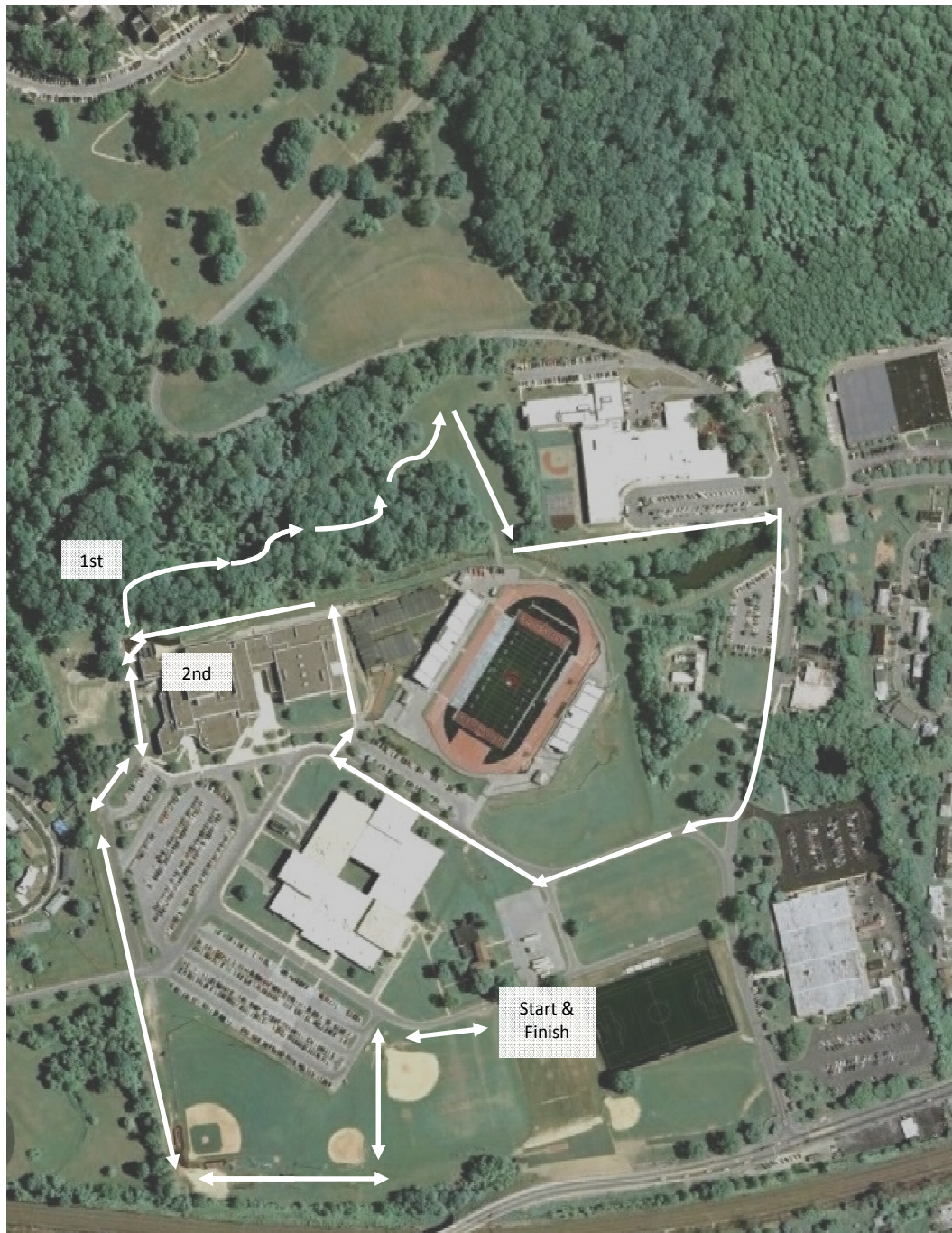
Coatesville 50	West Chester Henderson 15
Coatesville 50	Avon Grove 15
Coatesville 50	Downingtown East 15
Coatesville 50	West Chester East 15
Coatesville 50	Bishop Shanahan 15
Coatesville 50	Downingtown West 15

0-6

2012 HOME COURSE

Boys Record: Kyle Dawson- 15:45 (Coatesville 2006)

Girls Record: Carly Hammond- 19:33 (Henderson 2007)



INVITATIONAL AWARD WINNERS

Boys Varsity		
Runner	Meet	Place
Phil Gemmel	PennTrackXC	17 th
Andrew Cuicou	Carlisle	17 th
Connor Riisen	Steel City Invitational	18 th
Steven Massaro	Steel City	24 th

Boys Junior Varsity		
Tyler Hudock	Big Valley Invitational	16 th
TJ Mirenda	Steel City Invitational	6 th

2012 MEET TIMES

Name	Alumni- Time Trial	Reading & McCaskey	Big Valley Invitational	W.C. Henderson & Avon Grove	PennTrackXC Invitational	Downingtown East	W.C. East & Bishop Shanahan	Carlisle Invitational	Downingtown West	Steel City Invitational	Ches-Mont Championships	District 1 Championships
Christoff Abraham	34:18	8:33*	27:07	17:11^	27:33	28:12	26:15	26:19	27:13	26:06	26:43	DNR
Jack Boccelli	22:48	DNR	21:42	24:08	22:02	21:28	21:24	19:40	21:20	21:13	20:53	18:59
Deiondre Brown	22:53	23:13	20:38	21:55	21:15	21:07	21:05	21:49	22:02	23:31	22:38	20:35
Josh Cartagena	21:25	22:23	20:56	23:25	21:21	19:54	19:37	19:35	19:59	21:20	DNR	19:53
Andrew Coicou	DNR	DNR	DNR	19:05	18:42	17:47	17:34	17:04	17:42	DNR	17:45	16:32
Ian Dietrich	21:40	23:14	DNR	DNR	20:56	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Blake Ettien	20:37	DNR	21:12	DNR	21:26	20:18	20:06	19:10	19:27	19:54	19:34	18:04
Nathan Gemmel	22:42	DNR	21:21	22:59	21:27	21:02	21:23	20:43	20:45	21:47	21:20	19:18
Phil Gemmel	18:34	18:54	18:13	19:39	18:07	17:50	18:22	18:47	DNR	20:47	19:02	19:50
Jack Griffith	23:32	DNR	21:44	22:03	22:11	22:01	21:27	20:33	22:20	21:57	21:26	19:45
Danny Hackmeister	20:19	DNR	21:11	DNR	21:45	20:30	20:37	19:54	20:40	20:58	20:14	18:41
Jared Henderson	20:41	21:00	19:24	19:47	19:59	19:20	19:20	19:51	19:55	22:02	20:47	18:36
Nathaniel Henderson	22:16	23:03	21:22	24:03	DNR	22:17	21:25	21:04	21:11	21:55	23:09	19:59
Tyler Hudock	DNR	DNR	19:30	21:23	21:19	12:28^	19:31	19:09	DNR	20:11	19:54	18:13
Josh Konitzer	DNR	21:24	19:40	19:42	19:10	18:45	18:40	18:28	18:52	19:30	19:22	18:03
Steven Massaro	20:06	6:30*	19:16	18:59	18:32	18:46	18:45	18:01	19:15	18:47	19:06	17:38
Roger Maris	DNR	DNR	DNR	DNR	DNR	DNR	30:12	DNR	28:10	DNR	30:31	DNR
Kyle McCausland	DNR	23:39	21:17	22:13	21:57	21:19	23:12	20:41	21:03	21:32	22:27	19:57
Brandon Mengel	DNR	DNR	DNR	20:50	DNR	19:59	20:18	DNR	21:25	DNR	DNR	DNR
TJ Mirenda	20:24	20:59	19:18	21:25	19:51	20:10	19:38	18:49	19:46	19:24	19:18	18:52
Connor Riisen	19:52	20:10	19:09	20:30	19:00	18:43	18:55	18:39	19:10	18:39	18:27	17:58
Robert Ruprecht	DNR	DNR	20:28	21:00	20:35	20:04	19:15	18:40	19:19	19:40	19:31	18:06
Rob Tipton	23:32	DNR	20:35	DNR	DNR	22:05	DNR	DNR	20:49	21:22	20:52	19:33
Marlowe Tooles	DNR	DNR	DNR	19:31	18:55	19:18	12:15^	17:42	18:52	18:51	18:40	17:12
John Woodard	DNR	DNR	DNR	DNR	DNR	DNR	DNR	DNR	24:29	22:52	23:44	DNR
Kelly Boulger	20:33	DNR	DNR	DNR	DNR	DNR	20:32	6:00*	DNR	DNR	DNR	DNR
Johanna Lamb	25:16	25:42	23:48	24:28	24:03	23:15	23:25	22:32	22:53	23:16	23:41	22:40
Danielle McFadien	26:43	29:59	24:02	24:56	24:47	24:45	DNR	23:37	25:11	25:24	25:28	23:18
Corine Mendenhall	DNR	DNR	DNR	DNR	DNR	DNR	31:22	30:40	29:52	32:09	28:10	27:29
Nikki Singley	7:13*	DNR	6:50*	6:49*	6:56*	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Natalie Thomas	24:49	26:10	23:28	25:05	24:25	23:59	23:27	22:33	23:28	24:14	23:45	21:44

Key	DNR- Did Not Run	*- 1 Mile	^- 2 Mile
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PERSONAL RECORDS

Boys		
Runner	Career	2012
Christoff Abraham	18:20(2 Mile)	26:06
Jack Boccelli		18:59
Deiondre Brown	21:01	20:35
Josh Cartagena		19:35
Andrew Coicou		16:32
Ian Dietrich	18:59	20:56
Blake Ettien		18:04
Nathan Gemmel		19:18
Phil Gemmel	18:31	17:50
Jack Griffith		19:45
Danny Hackmeister	19:03	18:41
Jared Henderson	19:59	18:36
Nathaniel Henderson	21:11	19:59
Tyler Hudock	19:45	18:13
Josh Konitzer	20:26	18:03
Steven Massaro	18:12	17:38
Roger Mayris		28:10
Kyle McCausland	19:15	19:57
Brandon Mengel		19:59
TJ Mirenda	21:32	18:49
Connor Riisen	18:40	17:58
Robert Ruprecht		18:06
Rob Tipton		19:33
Marlowe Tooles		17:12
John Woodard		22:52

Girls		
Runner	Career	2012
Kelly Boulger	20:06	20:32
Johanna Lamb	22:47	22:32
Danielle McFadien	24:04	23:18
Corine Mendenhall	26:03	27:29
Nikki Singley	20:46	6:49(1 Mile)
Natalie Thomas		21:44

ALUMNI-TIME TRIAL

August 18, 2012

Name	Mile 1	Mile 2+		Finish		Place
Billy Hackmeister	5:36				18:01	1 st
Phil Gemmel	5:36	7:28	13:04	5:30	18:34	2 nd
Connor Riisen	5:41	8:39	14:20	5:32	19:52	3 rd
Steven Massaro	6:00	8:43	14:43	5:23	20:06	4 th
Danny Hackmeister	6:20	8:30	14:50		20:19	5 th
TJ Mirenda	6:20				20:24	6 th
Kelly Boulger	6:08	8:47	14:55	5:38	20:33	7 th
Blake Ettien	6:09				20:37	8 th
Jared Henderson	6:11				20:41	9 th
Josh Cartagena	6:15	9:08	15:23	6:02	21:25	10 th
Ian Dietrich	6:20	9:24	15:44	5:56	21:40	11 th
Jack Ettien	7:04				22:05	12 th
Nathaniel Henderson	6:43				22:16	13 th
Nathan Gemmel	6:59				22:42	14 th
Brooke Hutton	7:04				22:44	15 th
Jack Boccelli	6:34				22:48	16 th
Deiondre Brown	6:43				22:53	17 th
Rob Tipton	7:22				23:32	18 th
Jack Griffith					23:32	19 th
William Landa	7:04				23:42	20 th
Mr. Mirenda					24:27	21 st
Jimmy Tipton					24:49	22 nd
Natalie Thomas	7:39				24:49	23 rd
Johanna Lamb	7:43				25:16	24 th
Mrs. Boulger	8:15				25:56	25 th
Erin Boulger	8:05				26:25	26 th
Danielle McFadien	7:48				26:43	27 th
Abby	9:42				30:55	28 th
Emily	9:42				31:07	29 th
Parent					31:13	30 th
Mrs. Riisen	9:11				32:13	31 st
Christoff Abraham	8:28				34:18	32 nd
Nikki Singley	7:13					

READING & McCASKEY

August 22, 2012

Name	Mile 1	Mile 2+		Finish		Place
Phil Gemmel	5:49	6:05	11:54	7:00	18:54	3 rd
Connor Riisen	5:55	6:33	12:28	7:42	20:10	7 th
TJ Mirenda	6:37	6:44	13:21	7:38	20:59	8 th
Jared Henderson	6:22	6:36	12:58	8:02	21:00	9 th
Josh Konitzer	6:27	6:53	13:20	8:04	21:24	11 th
Josh Cartagena	6:32	7:18	13:50	8:33	22:23	18 th
Nathaniel Henderson	7:02	7:26	14:28	8:35	23:03	20 th
Deiondre Brown	6:59	7:31	14:30	8:43	23:13	21 st
Ian Dietrich	6:48	7:25	14:13	9:01	23:14	22 nd
Kyle McCausland	6:54	7:30	14:24	9:15	23:39	23 rd
Steven Massaro	6:30					
Christoff Abraham	8:33					

Johanna Lamb	7:43	8:21	16:04	9:38	25:42	3 rd
Natalie Thomas	7:59	8:23	16:22	9:48	26:10	6 th
Danielle McFadien	8:31	9:57	18:28	11:31	29:59	14 th

Jack Ettien	6:25	7:02	13:27			4 th *
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Brooke Hutton	6:48	7:23	14:11			1 st ^
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*- Boys Middle School Race

^- Girls Middle School Race

BIG VALLEY INVITATIONAL

September 1, 2012

Name	Mile 1	Mile 2+		Finish		Place
Phil Gemmel	5:17	6:00	11:17	6:54	18:13	16 th
Connor Riisen	5:20	6:25	11:45	7:24	19:09	24 th
Steven Massaro	5:31	6:22	11:53	7:23	19:16	26 th
TJ Mirenda	5:43	6:20	12:03	7:15	19:18	27 th
Jared Henderson	5:40	6:22	12:02	7:22	19:24	29 th
Tyler Hudock	5:38	6:37	12:15	7:15	19:30	16 th JV
Josh Konitzer	5:46	6:32	12:18	7:22	19:40	31 st
Robert Ruprecht	6:00	6:50	12:50	7:38	20:28	
Rob Tipton	6:16	6:41	12:57	7:38	20:35	
Deiondre Brown	6:03	6:54	12:53	7:45	20:38	
Josh Cartagena	6:07	7:00	13:07	7:49	20:56	
Danny Hackmeister	6:18	7:00	13:18	7:53	21:11	40 th
Blake Ettien	5:59	7:12	13:11	8:01	21:12	
Kyle McCausland	5:47	7:14	13:01	8:16	21:17	
Nathan Gemmel	6:10	7:28	13:38	7:43	21:21	
Nathaniel Henderson	6:14	7:12	13:26	7:56	21:22	
Jack Boccelli	6:09	7:16	13:25	8:17	21:42	
Jack Griffith	6:33	7:10	13:43	8:01	21:44	
Christoff Abraham	7:12	8:53	16:05	11:02	27:07	

Natalie Thomas	6:51	7:42	14:33	8:55	23:28	17 th
Johanna Lamb	6:58	7:58	14:56	8:52	23:48	20 th
Danielle McFadien	7:05	7:53	14:58	9:04	24:02	22 nd
Nikki Singley	6:50					

BOYS CROSS COUNTRY

Indian Valley Invitational: Coatesville's Phil Gemmel placed 16th (18:13), Connor Riisen 24th (19:09), Steven Massaro 26th (19:16), TJ Mirenda 27th (19:18), and Jared Henderson 29th (19:24).

GIRLS CROSS COUNTRY

Indian Valley Invitational: Natalie Thomas finished 17th (23:28) to lead Coatesville. Johanna Lamb was 20th (23:48), and Danielle McFadien 22nd (24:02).

HENDERSON & AVON GROVE

September 5, 2012

Name	Mile 1	Mile 2+		Finish		Place
Steven Massaro	5:58	6:03	12:01	6:58	18:59	12 th
Andrew Coicou	5:33	5:49	11:22	7:43	19:05	13 th
Marlowe Tooles	5:36	6:30	12:16	7:15	19:31	19 th
Phil Gemmel	5:28	6:33	12:01	7:38	19:39	20 th
Josh Konitzer	5:59	6:04	12:03	7:39	19:42	21 st
Jared Henderson	5:49	6:13	12:02	7:45	19:47	22 nd
Connor Riisen	5:36	6:44	12:20	8:10	20:30	31 st
Brandon Mengel	6:17	6:31	12:48	8:02	20:50	36 th
Robert Ruprecht	6:15	6:36	12:51	8:09	21:00	37 th
Tyler Hudock	6:01	7:14	13:15	8:08	21:23	40 th
TJ Mirenda	6:09	6:32	12:41	8:44	21:25	41 st
Deiondre Brown	6:12	6:56	13:08	8:47	21:55	42 nd
Jack Griffith	6:45	6:49	13:34	8:29	22:03	43 rd
Kyle McCausland	6:29	6:06	12:35	9:38	22:13	45 th
Nathan Gemmel	6:53	7:23	14:16	8:43	22:59	54 th
Josh Cartagena	6:16	6:10	12:26	10:49	23:25	55 th
Nathaniel Henderson	6:55	7:19	14:14	9:49	24:03	56 th
Jack Boccelli	6:53	7:37	14:30	9:38	24:08	57 th
Christoff Abraham	7:51	9:20	17:11			

Johanna Lamb	7:14	7:47	15:01	9:27	24:28	16 th
Danielle McFadien	7:27	7:53	15:20	9:36	24:56	20 th
Natalie Thomas	7:05	7:59	15:04	10:01	25:05	21 st
Nikki Singley	6:49					

W.C. Henderson 18, Avon Grove 45; W.C. Henderson 15, Coatesville 50; Avon Grove 17, Coatesville 44: Tony Russell finished first overall with a time of 17:29 as the Warriors (2-0) swept the season opening Ches-Mont League National Division meet.

Russell edged out teammate Reiny Barchet, who crossed just one second behind to place second. Avon Grove (1-1), who earned a split, was led by Dan Foster's third-place finish.

Coatesville dropped to 0-2 in the league.

1. Russell (H) 17:29; 2. Barchet (H) 17:30; 3. Foster (A) 17:36; 4. Collins (H) 17:47; 5. Stratman (H) 17:56; 6. Knapp (H) 17:57; 7. Waltz (H) 18:27; 8. Moy (H) 18:28; 9. Mayen (A) 18:35; 10. Wheeler (A) 18:36; 11. Penn (A) 18:37; 12. Massaro (C) 18:59; 13. Coicou (C) 19:05; 14. Trouba (A) 19:08; 15. Ilgenfritz (A) 19:17.

W.C. Henderson 26, Avon Grove 29; W.C. Henderson 15, Coatesville 50; Avon Grove 15, Coatesville 50: Stephanie Aldrich and Carolyn Nelson placed second and third, respectively, as the Warriors (2-0) opened with the Ches-Mont League National Division sweep.

Avon Grove (1-1) took first overall behind Ariel Pastore-Sebering in 19:35, but was edged by Henderson.

Coatesville fell to 0-2 in the league.

1. Pastore-Sebering (A) 19:35; 2. Aldrich (H) 19:50; 3. Nelson (H) 20:01; 4. Ilgenfritz (A) 20:02; 5. Bixler (H) 20:21; 6. Fickenger (A) 20:24; 7. Moy (H) 21:44; 8. Castle (A) 21:49; 9. Barchet (H) 21:56; 10. Keegan (A) 22:21; 11. Crusen (H) 23:09; 12. Beck (A) 23:16; 13. DeLuca (H) 23:28; 14. Gale (H) 23:28; 15. Bright (A) 23:51.

PENNTRACKXC INVITATIONAL

September 8, 2012

Name	Mile 1	Mile 2+	Finish	Place
Phil Gemmel		11:21	6:46 18:07	17 th
Steven Massaro		11:45	6:47 18:32	32 nd
Andrew Coicou		12:02	6:40 18:42	35 th
Marlowe Tooless		12:02	6:53 18:55	41 st
Connor Riisen		11:53	7:07 19:00	48 th
Josh Konitzer	5:57	6:11	12:08 7:02 19:10	53 rd
TJ Mirenda	6:02	6:29	12:31 7:20 19:51	22 nd JV
Jared Henderson	6:05	6:28	12:33 7:26 19:59	88 th
Robert Ruprecht	6:23	6:45	13:08 7:27 20:35	48 th JV
Ian Dietrich	6:00	6:44	12:44 8:12 20:56	65 th JV
Deiondre Brown	6:22	6:52	13:14 8:01 21:15	76 th JV
Tyler Hudock	5:42	7:18	13:00 8:19 21:19	80 th JV
Josh Cartagena	6:24	6:58	13:22 7:59 21:21	83 rd JV
Blake Ettien	6:26	6:51	13:17 8:09 21:26	89 th JV
Nathan Gemmel	6:32	6:47	13:19 8:08 21:27	90 th JV
Danny Hackmeister	6:34	7:12	13:46 7:59 21:45	109 th JV
Kyle McCausland	6:25	7:10	13:35 8:22 21:57	120 th JV
Jack Boccelli	6:33	7:27	14:00 8:02 22:02	124 th JV
Jack Griffith	6:35	7:24	13:59 8:12 22:11	129 th JV
Christoff Abraham	7:45	8:33	16:18 11:15 27:33	263 rd JV

Johanna Lamb	7:11	8:03	15:14	8:49	24:03	69 th
Natalie Thomas	7:13	8:07	15:20	9:05	24:25	80 th
Danielle McFadien	7:15	8:07	15:22	9:25	24:47	92 nd
Nikki Singley	6:56					

BOYS CROSS COUNTRY

Penn Track XC Invitational:
Coatesville placed fifth out of 21 teams as Phillip Gemmell toured the Kutztown High School course in 18:08 (17th-place medalist).

Steven Massaro (18:33), Andrew Coicou (18:43), Marlowe Tooless (18:56), and Connor Riisen (19:00) rounded out the Coatesville scoring.

GIRLS CROSS COUNTRY

Penn Track XC Invitational:
Coatesville's Johanna Lamb (24:04), Natalie Thomas (24:26), and Danielle McFadien (24:48) competed in the meet at Kutztown High School.

DOWNINGTOWN EAST

September 12, 2009

Name	Mile 1	Mile 2+		Finish		Place
Andrew Coicou	5:21	5:42	11:03	6:44	17:47	3 rd
Phil Gemmel	5:21	5:37	10:58	6:52	17:50	4 th
Connor Riisen	5:33	6:00	11:33	7:10	18:43	11 th
Josh Konitzer	5:38	6:01	11:39	7:06	18:45	12 th
Steven Massaro	5:30	5:54	11:24	7:22	18:46	13 th
Marlowe Tooles	5:47	6:06	11:53	7:25	19:18	14 th
Jared Henderson	5:52	6:02	11:54	7:26	19:20	15 th
Josh Cartagena	5:51	6:13	12:04	7:50	19:54	18 th
Brandon Mengel	6:11	6:15	12:26	7:33	19:59	19 th
Robert Ruprecht	6:02	6:20	12:22	7:42	20:04	20 th
TJ Mirenda	5:53	6:19	12:16	7:54	20:10	21 st
Blake Ettien	6:00	6:23	12:23	7:45	20:18	23 rd
Danny Hackmeister	6:14	6:37	12:51	7:39	20:30	25 th
Nathan Gemmel	6:18	6:45	13:03	7:59	21:02	27 th
Deiondre Brown	6:08	6:35	12:43	8:24	21:07	29 th
Kyle McCausland	6:02	6:46	12:48	8:31	21:19	31 st
Jack Boccelli	6:23	6:41	13:14	8:14	21:28	32 nd
Jack Griffith	6:27	7:01	13:28	8:23	22:01	35 th
Rob Tipton	6:28	6:57	13:25	8:30	22:05	36 th
Nathaniel Henderson	6:32	7:06	13:38	8:39	22:17	37 th
Christoff Abraham	8:18	8:48	17:06	11:06	28:12	44 th
Tyler Hudock	5:36	6:52	12:28			

Johanna Lamb	7:04	7:23	14:27	8:38	23:15	14 th
Natalie Thomas	7:07	7:33	14:40	9:19	23:59	17 th
Danielle McFadien	7:15	7:48	15:03	9:42	24:45	24 th

Downingtown East 21, Coatesville 43: Tommy Fitzgerald finished first in 17:34 to help Downingtown East (1-1) record the Ches-Mont National victory. Billy Caldwell was a second behind.

Andrew Coicou took third for Coatesville (0-3).

1. Fitzgerald (DE) 17:34, 2. Caldwell (DE) 17:35, 3. Coicou (C) 17:47, 4. Gemmel (C) 17:50, 5. O'Reilly (DE) 18:05, 6. Carcella (DE) 18:22, 7. Rowles (DE) 18:37, 8. Selin (DE) 18:41, 9. Helm (DE) 18:42, 10. C. Riisen (C) 18:43.

WEST CHESTER EAST & BISHOP SHANAHAN

September 25, 2012

Name	Mile 1	Mile 2+		Finish		Place
Andrew Coicou	5:10	5:43	10:53	6:41	17:34	5 th
Phil Gemmel	5:32	6:03	11:35	6:47	18:22	10 th
Josh Konitzer	5:32	6:08	11:40	7:00	18:40	13 th
Steven Massaro	5:42	6:06	11:48	6:57	18:45	14 th
Connor Riisen	5:36	6:12	11:48	7:07	18:55	17 th
Robert Ruprecht	5:46	6:16	12:02	7:13	19:15	21 st
Jared Henderson	5:50	6:21	12:11	7:09	19:20	23 rd
Tyler Hudock	5:26	6:33	11:59	7:32	19:31	25 th
Josh Cartagena	5:53	6:36	12:29	7:08	19:37	26 th
TJ Miranda	5:51	6:26	12:17	7:21	19:38	27 th
Blake Ettien	5:53	6:36	12:29	7:37	20:06	31 st
Brandon Mengel	6:12	6:18	12:30	7:48	20:18	33 rd
Danny Hackmeister	5:58	6:54	12:52	7:45	20:37	38 th
Deiondre Brown	6:05	6:52	12:57	8:08	21:05	43 rd
Nathan Gemmel	6:27	7:16	13:43	7:40	21:23	46 th
Jack Boccelli	6:25	7:03	13:28	7:56	21:24	47 th
Nathaniel Henderson	6:31	7:00	13:31	7:54	21:25	49 th
Jack Griffith	6:25	7:06	13:31	7:56	21:27	52 nd
Kyle McCausland	6:06	7:03	13:09	10:03	23:12	62 nd
Christoff Abraham	7:43	8:38	16:21	9:54	26:15	72 nd
Roger Maris	8:25	9:22	17:47	12:25	30:12	73 rd
Marlowe Tooles	5:41	6:34	12:15			

Kelly Boulger	5:56	6:40	12:36	7:58	20:32	1 st
Johanna Lamb	7:01	7:50	14:51	8:34	23:25	9 th
Natalie Thomas	7:03	7:45	14:48:	8:39	23:27	10 th
Corine Mendenhall	8:55	10:59	19:24	11:58	31:22	29 th

W.C. East 15, Bishop Shanahan 48; W.C. East 16, Coatesville 47; Coatesville 23, Bishop Shanahan 32: Chris Cummings toured the Bishop Shanahan course in 16:54 and finished first to lead West Chester East (4-1) in the Ches-Mont National meet.

Andrew Coicou took fifth for Coatesville (1-4), and Joe Doran finished seventh for Bishop Shanahan (0-4).

1. Cummings (E) 16:54, 2. Diestelow (E) 17:07, 3. Dajes (E) 17:10, 4. Rogers (E) 17:20, 5. Coicou (C) 17:35, 6. Crump (E) 17:53, 7. Doran (BS) 17:58, 8. Hughes (E) 18:15, 9. Dubinski (E) 18:17, 10. Gemmell (C) 18:22, 11. M. Allan (BS) 18:27, 12. Orr (E) 18:39, 13. Konitzer (C) 18:41, 14. Massaro (C) 18:46, 15. S. Allan (BS) 18:49.

W.C. East 19, Bishop Shanahan 40; W.C. East 15, Coatesville 50; Bishop Shanahan 15, Coatesville 50: West Chester East (2-3) won its first two Ches-Mont National meets of the season as Anja Kochendoerfer placed second and Susie McQuiston third.

Coatesville's Kelly Boulger won the race, but the Red Raiders fell to 0-5 in the league. Peyton Griffen was fourth for Shanahan (1-3).

1. Boulger (C) 20:32, 2. Kochendoerfer (E) 21:54, 3. McQuiston (E) 22:01, 4. Griffen (BS) 22:17, 5. Buckley (E) 22:44, 6. Smith (E) 22:59, 7. Lyons (BS) 23:18, 8. Jones (E) 23:22, 9. Lamb (C) 23:25, 10. Thomas (C) 23:27, 11. Morgenthaler (BS) 23:43, 12. Pachuda (E) 24:31, 13. Barrett (E) 24:35, 14. Murry (E) 24:55, 15. Malinchau (E) 25:04.

CARLISLE INVITATIONAL

September 29, 2012

Varsity	Name	Mile 1	Mile 2+		Finish		Place
	Andrew Coicou	5:25	5:18	10:43	6:21	17:04	17 th
	Marlowe Tooles	5:30	5:45	11:15	6:27	17:42	43 rd
	Steven Massaro	5:34	5:51	11:25	6:36	18:01	65 th
	Josh Konitzer	5:40	6:01	11:41	6:47	18:28	96 th
	Connor Riisen	5:32	6:10	11:42	6:57	18:39	110 th
	Robert Ruprecht	5:50	6:03	11:53	6:47	18:40	112 th
	Phil Gemmel	5:48	6:05	11:53	6:54	18:47	124 th

9/10 JV	TJ Mirenda	5:52	6:06	11:58	6:51	18:49	46 th
	Blake Ettien	6:00	6:06	12:09	7:01	19:10	73 rd
	Josh Cartagena	5:52	6:26	12:18	7:17	19:35	100 th
	Jack Boccelli	6:03	6:27	12:30	7:10	19:40	106 th
	Jared Henderson	5:58	6:30	12:28	7:23	19:51	117 th
	Jack Griffith	6:10	6:52	13:02	7:31	20:33	163 rd
	Nate Gemmel	6:30	6:57	13:27	7:16	20:43	183 rd
	Christoff Abraham	7:49	8:48	16:37	9:42	26:19	295 th

11/12 JV	Tyler Hudock	5:32	6:24	11:56	7:13	19:09	70 th
	Danny Hackmeister	6:06	6:39	12:45	7:09	19:54	106 th
	Kyle McCausland	6:00	6:54	12:54	7:47	20:41	139 th
	Nathaniel Henderson	6:26	7:04	13:30	7:34	21:04	159 th
	Deiondre Brown	6:12	7:12	13:24	8:25	21:49	190 th

Varsity	Johanna Lamb	6:53	7:31	14:24	8:08	22:32	109 th
	Natalie Thomas	6:46	7:36	14:22	8:11	22:33	111 th
	Danielle McFadien	7:14	7:47	15:01	8:36	23:37	166 th
	Corine Mendenhall	8:55	10:25	19:20	11:20	30:40	258 th
	Kelly Boulger	6:00					

BOYS CROSS COUNTRY

Carlisle Invitational: West Chester Henderson captured first place in the big school division with a score of 60.

Along the way, the Warriors outran nationally ranked St. Anthony's of New York, which placed third with 97 points. Don Bosco Prep (N.J.) took second with 73 points.

Reiny Barchet finished third in 15:50 for the Warriors, Tony Russell ninth (16:08), Bobby Rimkis 15th (16:21), Alex Knapp 16th (16:24) and Seamus Collins 23rd (16:35).

Coatesville placed 11th out of 33 teams as Andrew Coicou medaled at 17th place with a time of 17:04. Marlowe Tooles (17:42), Steven Massaro (18:01), Josh Konitzer (18:28), and Connor Riisen (18:39) rounded out the Red Raiders' team.

GIRLS CROSS COUNTRY

Carlisle Invitational: Coatesville's four runners in the meet were Johanna Lamb (22:32), Natalie Thomas (22:33), Danielle McFadien (23:37), and Corine Mendenhall (30:40).

DOWNINGTOWN WEST

October 3, 2012

Name	Mile 1	Mile 2+	Finish	Place
Andrew Coicou			17:42	2 nd
Josh Konitzer			18:52	12 th
Marlowe Tooles			18:52	13 th
Connor Riisen			19:10	15 th
Steven Massaro			19:15	16 th
Robert Ruprecht			19:19	17 th
Blake Ettien			19:27	20 th
TJ Mirenda			19:46	23 rd
Jared Henderson			19:55	25 th
Josh Cartagena			19:59	28 th
Danny Hackmeister			20:40	34 th
Nathan Gemmel			20:45	25 th
Rob Tipton			20:49	36 th
Kyle McCausland			21:03	37 th
Nathaniel Henderson			21:11	38 th
Jack Boccelli			21:20	39 th
Brandon Mengel			21:25	40 th
Deiondre Brown			22:02	42 nd
Jack Griffith			22:20	43 rd
John Woodard			24:29	45 th
Christoff Abraham			27:13	46 th
Roger Maris			28:10	47 th

Johanna Lamb			22:53	11 th
Natalie Thomas			23:28	14 th
Danielle McFadien			25:11	21 st
Corine Mendenhall			29:52	30 th

Downingtown West 19, Coatesville 44: Downingtown West (4-2) won the Ches-Mont National meet behind Ken Leidal, who finished first in 17:31.

Keegan Flagg was third, Joey Steadman fourth and Ryan Markle fifth for the Whippets.

Andrew Coicou placed second in 17:42 for Coatesville (1-5).

1. K. Leidal (DW) 17:31, 2. Coicou (C) 17:42, 3. Flagg (DW) 17:53, 4. Steadman (DW) 17:54, 5. Markle (DW) 17:58, 6. Jaffe (DW) 18:00, 7. Farrell (DW) 18:06, 8. White (D) 18:08, 9. Liebsch (DW) 18:15, 10. Fanelli (DW) 18:35.

Downingtown West 15, Coatesville 50: Michelle Myland, Tabi Loftus and Jayne Hickey all crossed the finish line together in 22:02 for Downingtown West (5-1) in the Ches-Mont National Division victory.

Johanna Lamb was 11th to lead Coatesville (0-6).

1. Myland (DW) 22:02, 2. Loftus (DW) 22:02, 3. Hickey (DW) 22:02, 4. Wrzosek (DW) 22:03, 5. Farrell (DW) 22:03, 6. Barnhill (DW) 22:03, 7. McNamee (DW) 22:33, 8. Iding (DW) 22:35, 9. Bixler (DW) 22:44, 10. Fenimore (DW) 22:48, 11. Lamb (C) 22:53.

STEEL CITY INVITATIONAL

October 6, 2012

Name	Mile 1	Mile 2+		Finish		Place
Connor Riisen	5:26	6:58	12:24	6:15	18:39	18 th
Steven Massaro	5:34	7:02	12:36	6:09	18:47	24 th
Marlowe Tooles	5:29	7:15	12:44	6:07	18:51	26 th
TJ Mirenda	5:47	7:17	13:04	6:20	19:24	6 th JV
Josh Konitzer	5:42	7:09	12:51	6:39	19:30	46 th
Robert Ruprecht	5:49	7:25	13:14	6:26	19:40	52 nd
Blake Ettien	5:47	7:25	13:12	6:42	19:54	61 st
Jared Henderson	5:57	7:47	13:34	6:28	20:02	13 th JV
Tyler Hudock	5:38	7:50	13:28	6:43	20:11	16 th JV
Phil Gemmel	5:54	7:57	13:51	6:56	20:47	76 th
Danny Hackmeister	6:11	7:58	14:09	6:49	20:58	28 th JV
Jack Boccelli	6:17	8:07	14:24	6:49	21:13	33 rd JV
Josh Cartagena	6:17	7:57	14:14	7:06	21:20	36 th JV
Rob Tipton	6:17	8:05	14:22	7:00	21:22	37 th JV
Kyle McCausland	6:04	8:23	14:27	7:05	21:32	41 st JV
Nathan Gemmel	6:17	8:20	14:37	7:10	21:47	49 th JV
Nathaniel Henderson	6:23	8:22	14:45	7:10	21:55	52 nd JV
Jack Griffith	6:17	8:22	14:39	7:18	21:57	54 th JV
John Woodard	6:23	8:32	14:55	7:57	22:52	77 th JV
Deiondre Brown	6:05	9:45	15:50	7:41	23:31	93 rd JV
Christoff Abraham	7:32	10:17	17:49	8:17	26:06	106 th JV

Johanna Lamb	6:43	8:47	15:30	7:46	23:16	27 th
Natalie Thomas	6:48	9:20	16:08	8:06	24:14	37 th
Danielle McFadien	7:04	10:09	17:13	8:11	25:24	47 th
Corine Mendenhall	8:42	13:15	21:57	10:12	32:09	68 th

Solid showing for local boys contingent

CROSS COUNTRY

By DENNY DYROFF

Journal Register News Service

COATESVILLE — Five of the top seven team finishers at Saturday's 48th annual Steel City Boys Cross Country Invitational were from Chester County, but none were able to seriously challenge Council Rock North for the team title.

The Indians claimed the top three individual places led by Mac Emery, who crossed first on the challenging course at Coatesville High with a time of 16:48. North placed all five scorers in the top nine to win the meet with 23 points.

Downingtown East was runner-up with 91 points, followed by Kennett (97), Unionville (101), Neshaminy (144), Coatesville (164) and Oxford (181).

Kennett showed some strength up top and placed two runners in the top five. Kennett's Evan Jones, who was seventh last year at 18:15, crossed in fourth place on Saturday with a clocking of 17:37. His Blue Demon teammate, Chris Kienzle, finished fifth at 17:46.

"I had a good start and I was fourth at the mile with a 5:10," said Jones, a junior. "On the second mile, that uphill starts to get to you. But, it all pays off on the downhill.

"After the downhill, the second mile is just coasting. I caught two guys in the second mile and then opened it up in the third mile. I was trying to go after the third Council Rock North guy (James Zingarini) but I didn't have enough time left."

Kienzle, also a junior, said, "This was a good race for me. I always go out slow and it seemed most of the other people went out slow today too. I just tried

Boys

From C1

to stay with the pack and hang on. The first mile was 5:10 and I felt good.

"I worked the second mile well. I worked the hill. I caught a Council Rock guy (Brian Aruta) and a Downingtown East guy (Billy Caldwell) with 800 meters to go. Then, I got the Unionville guy (Colin McDonald) with about 150 meters left. This was definitely my best kick of the season."

Two other Chester County runners claimed spots in the top 10. Unionville's Colin McDonald captured sixth place with a time of 17:49 and Downingtown East's Billy Caldwell crossed in seventh place at 17:50.

Downingtown East's other runners at Saturday morning's big meet were Ben Rowles (14th, 18:29), Jared Helm (20th, 18:43), Adam Carcella (22nd, 18:47), Niles Selin (28th, 18:55) and Alex Ochner (29th, 18:58).

Several other runners from the Ches-Mont finished in the top 30 — Oxford's Aaron George (12th, 18:18) and Nelson Beimfohr (23rd, 18:47); Unionville's Nate Chaclas (13th, 18:26), Francis Peabody (17th, 18:35) and Sean Roberts (27th, 18:51); Kennett's Tyler Pike (15th, 18:31); Coatesville's Connor Risen (18th, 18:39), Steve Massaro (24th, 18:47) and Marlowe Tooles (26th, 18:51); and Bishop Shanahan's Matt Allan (19th, 18:40).

D-East girls get revenge on Council Rock North at Steel City Invitational

CROSS COUNTRY

By DENNY DYROFF

Journal Register News Service

COATESVILLE - Saturday morning, two of the best teams in District 1 produced an ultra-close finish in the battle for the team title at the 38th Annual Steel City Girls Cross Country Invitational. Council Rock North, one of the premier teams in Bucks County, went head-to-head with Downingtown East, one of Chester County's best - for the second weekend in a row.

Last Saturday at the 27th Annual Council Rock Invitational meet, the Indians finished first in the meet on their home course at Tyler State Park, while East placed third with Central Bucks South sandwiched in between.

This weekend, North faced a different East team - one with a healthy Anja Weiler and the Squeri Twins in the varsity lineup. Last weekend, Weiler ran despite being ill and finished well below her norm while the Squeris ran in the freshman race.

In the big meet Saturday at Coatesville High, the Cougars fielded their loaded lineup and captured the team title - by the narrowest of margins. Downingtown East placed first with 35 points while Council Rock North was runner-up with 36.

Harriton finished third with 102 points, followed by Oxford (130) and Boyertown (143). Unionville, which gave its top seven runners the day off, finished sixth with 163, followed by Cheltenham (166), Neshaminy (208) and Bishop Shanahan (210).

For the second week in a row, Rock North's Kate Scott ran away from the rest of the pack. She crossed first at 20:14 with Boyertown's Emily Schumaker in second at 20:51 and East's Katelyn Callaghan taking third at 20:54.

East

From C1

"It was a pretty good race," said Callaghan, a senior. "I have a pretty good strategy here. I tried to take the first part slower to save energy for the hills. I was at 6:10 at the mile and was probably fifth or sixth. That's a pretty good pace for the first mile.

"The second mile went by a lot faster. I just tried to keep my pace. The first hill was really steep. The second and third hills were more gradual and I felt it. Then, the downhill felt great.

"I opened my stride and the third mile went pretty fast. I really kicked the second half of the race and had a nice finish. I tried to catch the Boyertown girl (Schumaker) at the end but I needed a little more time."

Weiler, who finished fifth at 1:06, said, "I'm not 100 percent better yet but I could breathe a lot better than last week. In the first mile, me, Katelyn and Amanda (Koser) stayed together working off each other. Going up the hill, me and Katelyn switched leads back and forth - and then Katelyn took off.

"The hills hurt but, as long as we paced them, we were O.K. Our team does a lot of hill work so we were used to it. I opened it up on the downhill and it felt great. We used the downhill to settle in so we had some energy left for the finish."

The Squeri sisters were the next East runners to cross the line. Andrea Squeri finished eighth with a clocking of 21:50 and Jessica Squeri paced ninth with a time of 21:51.

The Cougars' three other finishers were Amanda Koser (10th, 21:55), Amy Mohler (11th, 21:57) and Christine Lien (14th, 22:19).

Kennett had just four runners but was able to put three of them in the top 30 - Kellie Boyle, who was 16th at 22:24; Madison Schuck, who placed 22nd at 22:49; and Morgan Austin, who took 28th at 23:20.

Other area runners to place in the top 30 were Oxford's Sarah Hershey (20th, 22:43), Alyssa Sniechoski (26th, 23:09), and Olivia Quinci (29th, 23:27). Coatesville's Johanna Lamb (27th, 23:16) and Unionville's Sam Collins (23rd, 22:52) and Ellie Norris (24th, 22:58).

Please see EAST on C3

CHES-MONT CHAMPIONSHIPS

October 19, 2012

Name	Mile 1	Mile 2+		Finish		Place
Andrew Cuicou	5:23	5:53	11:15	6:30	17:45	
Connor Riisen	5:31	6:02	11:33	6:54	18:27	
Marlowe Tooles	5:31	5:59	11:30	7:10	18:40	
Phil Gemmel	5:50	6:09	11:59	7:03	19:02	
Steven Massaro	5:51	6:08	11:59	7:07	19:06	
TJ Mirenda	5:52	6:15	12:07	7:11	19:18	
Josh Konitzer	5:53	6:12	12:05	7:17	19:22	
Robert Ruprecht	6:02	6:13	12:15	7:16	19:31	
Blake Ettien	6:06	6:18	12:24	7:10	19:34	
Tyler Hudock	5:51	6:26	12:17	7:37	19:54	
Danny Hackmeister	6:16	6:23	12:39	7:35	20:14	
Jared Henderson	6:16	6:30	12:46	8:01	20:47	
Rob Tipton	6:26	6:49	13:15	7:37	20:52	
Jack Boccelli	6:26	6:35	13:01	7:52	20:53	
Nathan Gemmel	6:35	6:58	13:23	7:57	21:20	
Jack Griffith			13:30	7:54	21:26	
Kyle McCausland	6:27	7:04	13:31	8:56	22:27	
Deiondre Brown	6:37	7:13	13:50	8:48	22:38	
Nathaniel Henderson	7:18	7:20	14:38	8:31	23:09	
John Woodard	7:00	7:37	14:37	9:07	23:44	
Christoff Abraham	7:56	8:29	16:25	10:18	26:43	
Roger Maris	8:57	9:51	18:48	11:43	30:31	

Johanna Lamb	7:00	7:48	14:48	8:53	23:41	
Natalie Thomas	6:59	7:42	14:41	9:04	23:45	
Danielle McFadien	7:38	8:12	15:50	9:38	25:28	
Corine Mendenhall	8:19	9:13	17:32	10:38	28:10	

DISTRICT 1 CHAMPIONSHIPS

October 26, 2012

Name	Mile 1	Mile 2+		Finish		Place
Andrew Cuicou	5:09				16:32	
Marlowe Tooles	5:24				17:12	
Steven Massaro	5:30				17:38	
Connor Riisen	5:24				17:58	
Josh Konitzer	5:42				18:03	
Blake Ettien	5:44				18:04	
Robert Ruprecht	5:44				18:06	
Tyler Hudock	5:21				18:13	
Jared Henderson	5:52				18:36	
Danny Hackmeister	5:50				18:41	
TJ Mirenda	5:46				18:52	
Jack Boccelli	5:54				18:59	
Nate Gemmel	5:58				19:18	
Rob Tipton	6:02				19:33	
Jack Griffith	5:59				19:45	
Josh Cartagena	5:52				19:53	
Kyle McCausland	5:58				19:57	
Phil Gemmel					19:59	
Nathaniel Henderson	6:13				19:59	
Deiondre Brown	6:08				20:35	

Natalie Thomas	6:40				21:44	
Johanna Lamb	6:50				22:40	
Danielle McFadien	7:10				23:18	
Corine Mendenhall	8:38				27:29	

FRESHMEN BOYS – RECORDS

1985-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	Luis Rivera	10/11/1995	15:47	Henderson
2	Ken DiMarzio	9/24/1997	16:17	West Chester East
3	Matt Lapp	9/24/1997	16:19	West Chester East
4	Matt Lapp	10/11/1997	16:29	Wm. Tennent
5	Ken DiMarzio	10/11/1997	16:38	Wm. Tennent
6	Rob Robertson	10/10/1998	16:48	Wm. Tennent
7	Keith Andrews	10/2/1996	17:06	Henderson
8	Scott Shortlidge	9/24/1997	17:19	West Chester East
9	Tyrone LeCato	9/24/1997	17:26	West Chester East
10	James Smith	10/9/1999	17:26	Wm. Tennent

Race Distance 3.1 Miles				
1	Luis Rivera	10/27/1995	16:34	Districts
2	Luis Rivera	10/3/1995	16:39	West Chester East
3	Kyle Dawson	10/24/2003	16:39	Districts
4	Luis Rivera	10/14/1995	16:40	State College
5	Luis Rivera	9/23/1995	16:44	Conrad Weiser
6	Matt Lapp	10/24/1997	16:51	Districts
7	Luis Rivera	9/29/1995	17:01	Coatesville
8	Luis Rivera	9/9/1995	17:02	Unionville Inv.
9	Chris Rosato	10/28/2005	17:08	Districts
10	Patrick McGinley	10/26/2007	17:08	Districts

FRESHMEN GIRLS – RECORDS

1987-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	Kelly O'Connell	9/10/1998	19:16	West Chester East
2	Kelly O'Connell	10/10/1998	19:23	Wm. Tennent
3	Jodi Lewis	10/9/1999	20:19	Wm. Tennent
4	Ilea Frankovitch	10/11/1995	20:26	Henderson
5	Lezlee Race	10/11/1995	20:45	Henderson
6	Sandy Colsher	10/23/1987	20:50	Ches-Monts
7	Teal Zeisler	10/10/1998	20:52	Wm. Tennent
8	Kirsten Fitch	9/29/2004	21:20	Coatesville
9	Teal Zeisler	9/10/1998	21:33	West Chester East
10	Jodi Lewis	9/29/1999	21:37	West Chester East

Race Distance: 3.1 Miles				
1	Kristina Kubala	10/24/2003	18:56	Districts
2	Kristina Kubala	10/4/2003	19:14	Steel City Inv.
3	Kristina Kubala	10/1/2003	19:19	Coatesville
4	Kelly O'Connell	10/30/1998	19:44	Districts
5	Kristina Kubala	10/8/2003	19:50	Henderson
6	Kelly O'Connell	11/7/1998	20:02	States - PS
7	Kelly O'Connell	11/7/1998	20:07	Steel City Inv.
8	Kristina Kubala	9/27/2003	20:14	Carlisle Inv.
9	Kelly O'Connell	10/22/1998	20:15	Ches-Monts
10	Kristina Kubala	11/1/2003	20:15	States - HP

SOPHOMORE BOYS – RECORDS

1985-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	Jesse Chalfant	10/2/1996	15:32	Henderson
2	Ken DiMarzio	9/10/1998	15:49	West Chester East
3	Matthew Lapp	10/10/1998	15:54	Wm. Tennent
4	Matthew Lapp	9/10/1998	16:00	West Chester East
5	Sean Ward	9/29/2004	16:05	Coateville
6	Ken DiMarzio	10/10/1998	16:11	Wm. Tennent
7	Sean Ward	9/22/2004	16:11	Downingtown West
8	Luis Rivera	10/2/1996	16:14	Henderson
9	Jesse Chalfant	10/12/1996	16:18	Wm. Tennent
10	Jason Leonard	9/29/2004	16:22	Coateville

Race Distance: 3.1 Miles				
1	Jason Leonard	10/29/2004	15:53	Districts
2	Sean Ward	10/29/2004	15:58	Districts
3	Tom Pannulla	10/29/2004	16:00	Districts
4	Ken DiMarzio	10/22/1998	16:13	Ches-Monts
5	Matthew Lapp	10/30/1998	16:13	Districts
6	Matthew Lapp	10/22/1998	16:15	Ches-Monts
7	Ken DiMarzio	10/30/1998	16:17	Districts
8	Matthew Lapp	11/7/1998	16:20	States - PS
9	Sean Ward	10/13/2004	16:25	Coatesville
10	Billy Hackmeister	10/26/2007	16:27	Districts

SOPHOMORE GIRLS – RECORDS

1987-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	Kelly O'Connell	10/9/1999	18:43	Wm. Tennent
2	Katie Nowak	10/12/1996	19:11	Wm. Tennent
3	Katie Nowak	10/2/1996	19:13	Henderson
4	Allison Heydt	10/2/1996	19:27	Henderson
5	Kelly O'Connell	9/29/1999	19:46	West Chester East
6	Cori Rhoades	9/25/1991	19:49	Henderson
7	Ilea Frankovitch	10/12/1996	19:56	Wm. Tennent
8	Lynda Buxton	9/24/1997	19:57	West Chester East
9	Ilea Frankovitch	10/2/1996	19:58	Henderson
10	Lynda Buxton	10/11/1997	20:06	Wm. Tennent

Race Distance: 3.1 miles				
1	Cori Rhoades	10/11/1991	18:48	Coatesville
2	Cori Rhoades	9/27/1991	18:58	Coatesville
3	Kelly O'Connell	10/29/1999	19:02	Districts
4	Kristina Kubala	10/29/2004	19:14	Districts
5	Cori Rhoades	10/29/1991	19:15	Districts
6	Kelly O'Connell	11/6/1999	19:22	States - LU
7	Cori Rhoades	9/25/1991	19:31	Coatesville
8	Allison Sirna	10/29/2004	19:34	Districts
9	Kelly O'Connell	10/13/1999	19:37	Downingtown
10	Cori Rhoades	9/18/1991	19:45	Coatesville

JUNIOR BOYS – RECORDS

1985-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	J. R. Cox	10/2/1996	15:26	Henderson
2	Jesse Chalfant	10/11/1997	15:37	Wm. Tennent
3	Jesse Chalfant	9/24/1997	15:40	West Chester East
4	J. R. Cox	10/12/1996	15:49	Wm. Tennent
5	Luis Rivera	10/11/1997	15:53	Wm. Tennent
6	Luis Rivera	9/24/1997	15:54	West Chester East
7	Justin Robertson	9/10/2002	15:57	West Chester East
8	Jed Nowak	9/10/2002	16:16	West Chester East
9	Rob Robertson	9/7/2000	16:21	West Chester East
10	Wesley James	10/23/1987	16:23	Ches-Monts
11	Keith Andrews	9/10/1998	16:23	West Chester East

Race Distance: 3.1 Miles				
1	Kyle Dawson	10/28/2005	15:16	Districts
2	Kyle Dawson	10/12/2005	15:32	West Chester East
3	Jason Leonard	10/28/2005	15:43	Districts
4	Chris Rosato	9/12/2007	15:46	Downingtown West
5	Chris Rosato	10/26/2007	15:48	Districts
6	Sean Ward	10/28/2005	15:51	Districts
7	Kyle Dawson	9/24/2005	15:52	Carlisle
8	Kyle Dawson	11/5/2005	15:54	States
9	Justin Robertson	10/25/2002	15:55	Districts
10	Owen Dawson	10/28/2005	15:59	Districts

JUNIOR GIRLS – RECORDS

1987-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	Katie Nowak	9/24/1997	18:39	West Chester East
2	Katie Nowak	10/11/1997	18:54	Wm. Tennent
3	Cori Rhoades	9/23/1992	18:59	Henderson
4	Kelly O'Connell	9/7/2000	19:10	West Chester East
5	Allison Heydt	9/24/1997	19:22	West Chester East
6	Ilea Frankovitch	9/24/1997	19:28	West Chester East
7	Nicole Laquintano	9/11/1993	19:29	Unionville Inv.
8	Cori Rhoades	9/16/1992	19:32	West Chester East
9	Laura McNally	9/24/1997	19:43	West Chester East
10	Allison Heydt	10/11/1997	19:47	Wm. Tennent

Race Distance: 3.1 Miles				
1	Cori Rhoades	10/31/1992	18:49	Districts
2	Kelly O'Connell	10/27/2000	18:57	Districts
3	Cori Rhoades	9/4/1992	19:02	Coatesville
4	Kelly O'Connell	10/11/2000	19:05	Coatesville
5	Kelly O'Connell	9/27/2000	19:15	Coatesville
6	Cori Rhoades	10/14/1992	19:17	Coatesville
7	Kristina Kubala	10/28/2005	19:17	Districts
8	Cori Rhoades	10/7/1992	19:18	Coatesville
9	Cori Rhoades	11/7/1992	19:24	States - PS
10	Katherine Frank	10/26/2007	19:29	Districts

SENIOR BOYS – RECORDS

1985-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	Rob Robertson	9/26/2001	15:12	West Chester East
2	J. R. Cox	10/11/1997	15:27	Wm. Tennent
3	Kyle Dawson	9/27/2006	15:30	West Chester Rustin
4	Ellis Wilson	9/22/2004	15:31	Downingtown West
5	Jason Leonard	9/27/2006	15:31	West Chester Rustin
6	Jesse Chalfant	9/10/1998	15:37	West Chester East
7	J. R. Cox	9/24/1997	15:40	West Chester East
8	Tom Pannulla	9/27/2006	15:41	West Chester Rustin
9	Jesse Chalfant	10/10/1998	15:42	Wm. Tennent
10	Bob Hendricks	9/11/1993	15:46	Unionville Inv.

Race Distance: 3.1 Miles				
1	Kyle Dawson	10/27/2006	14:58	Districts
2	Kyle Dawson	10/11/2006	15:10	W. C. Henderson
3	Kyle Dawson	9/30/2006	15:17	Carlisle Inv.
4	Kyle Dawson	11/4/2006	15:17	States - Her. Golf
5	Owen Dawson	10/27/2006	15:22	Districts
6	Amin Garnett	10/29/2004	15:29	Districts
7	Tom Pannulla	10/27/2006	15:29	Districts
8	Rob Robertson	10/26/2001	15:37	Districts
9	Tom Pannulla	11/4/2006	15:38	States - Her. Golf
10	Jason Leonard	10/27/2006	15:39	Districts

SENIOR GIRLS – RECORDS

1987-2012

	Name	Date	Time	Course
Race Distance: 3.0 Miles				
1	Katie Nowak	10/10/1998	18:10	Wm. Tennent
2	Kelly O'Connell	9/26/2001	18:16	West Chester East
3	Cori Rhoades	9/11/1993	18:20	Unionville Inv.
4	Marie Hess	10/11/1995	18:27	Henderson
5	Katie Nowak	9/10/1998	18:41	West Chester East
6	Cori Rhoades	10/6/1993	19:02	West Chester East
7	Allison Heydt	9/10/1998	19:09	West Chester East
8	Theresa Stanford	10/10/1998	19:34	Wm. Tennent
9	Allison Heydt	10/10/1998	19:38	Wm. Tennent
10	Kristina Kubala	9/27/2006	19:47	West Chester Rustin

Race Distance: 3.1 Miles				
1	Kelly O'Connell	10/26/2001	18:14	Districts
2	Katie Nowak	11/7/1998	18:15	States- PS.
3	Katie Nowak	10/30/1998	18:17	Districts
4	Kelly O'Connell	9/19/2001	18:17	Coatesville
5	Cori Rhoades	10/13/1993	18:25	Henderson
6	Sheena Crawley	10/24/2008	18:38	Districts
7	Kelly O'Connell	10/6/2001	18:44	Steel City
8	Kelly O'Connell	10/18/2001	18:49	Ches - Monts
9	Kelly O'Connell	10/10/2001	18:52	Downingtown
10	Kristina Kubala	10/27/2006	18:52	Districts

FRESHMEN BOYS – TOUGH TIMES

Under 18:00 (1985-2011)

	Name	Date	Time
1	Luis Rivera	10/11/1995	15:47
2	Ken DiMarzio	9/24/1997	16:17
3	Matthew Lapp	9/24/1997	16:19
4	Matthew Lapp	10/11/1997	16:29
5	Luis Rivera	10/27/1995	16:34
6	Ken DiMarzio	10/11/1997	16:38
7	Luis Rivera	10/3/1995	16:39
8	Kyle Dawson	10/24/2003	16:39
9	Luis Rivera	10/14/1995	16:40
10	Luis Rivera	9/23/1995	16:44
11	Rob Robertson	10/10/1998	16:48
12	Matthew Lapp	10/24/1997	16:51
13	Luis Rivera	9/29/1995	17:01
14	Luis Rivera	9/9/1995	17:02
15	Keith Andrews	10/2/1996	17:06
16	Chris Rosato	10/28/2005	17:08
17	Patrick McGinley	10/26/2007	17:08
18	Kyle Dawson	10/1/2003	17:10
19	Andrew Mahoney	10/29/2004	17:11
20	Luis Rivera	9/20/1995	17:13
21	Matthew Lapp	9/27/197	17:17
22	Scott Shortledge	9/24/1997	17:19
23	Rob Robertson	9/10/1998	17:20
24	Sean Ward	10/24/2003	17:22
25	Kyle Dawson	10/4/2003	17:23
26	Kyle Dawson	11/1/2003	17:24
27	Rob Robertson	10/22/1998	17:25
28	Tyrone LeCato	9/24/1997	17:26
29	James Smith	10/9/2003	17:26
30	Jesse Chalfant	10/27/1995	17:27
31	Owen Dawson	10/24/2003	17:27
32	Ken DiMarzio	10/24/1997	17:28
33	Tyrone LeCato	10/11/1997	17:30
34	Billy Hackmeister	10/27/2006	17:30
35	Scott Shortledge	10/11/1997	17:31
36	Sean Ward	10/1/2003	17:31

	Name	Date	Time
37	Luis Rivera	10/20/1995	17:32
38	Matthew Lapp	10/16/1997	17:32
39	Keith Andrews	10/12/1996	17:33
40	Ken DiMarzio	9/27/1997	17:35
41	Matthew Lapp	10/1/1997	17:42
42	Andrew Mahoney	9/29/2004	17:42
43	Kyle Dawson	10/8/2003	17:45
44	Jason Leonard	10/24/2003	17:48
45	Chris Rosato	10/12/2005	17:52
46	Sean Ward	10/8/2003	17:53
47	Patrick McGinley	10/18/2007	17:57
48	Billy Hackmeister	10/11/2006	17:58

FRESHMEN GIRLS – TOUGH TIMES

Under 21:00 (1987-2011)

	Name	Date	Time
1	Kristina Kubala	10/24/2003	18:56
2	Kristina Kubala	10/4/2003	19:14
3	Kelly O'Connell	9/10/1998	19:16
4	Kristina Kubala	10/1/2003	19:19
5	Kelly O'Connell	10/10/1998	19:23
6	Kelly O'Connell	10/30/1998	19:44
7	Kristina Kubala	10/8/2003	19:50
8	Kelly O'Connell	11/7/1998	20:02
9	Kelly O'Connell	10/3/1998	20:07
10	Kristina Kubala	9/27/2003	20:14
11	Kelly O'Connell	10/22/1998	20:15
12	Kristina Kubala	11/1/2003	20:15
13	Kristina Kubala	9/17/2003	20:16
14	Kelly O'Connell	10/14/1998	20:17
15	Jodi Lewis	10/9/1999	20:19
16	Kelly O'Connell	9/26/1998	20:23
17	Jodi Lewis	10/29/1999	20:24
18	Ilea Frankovitch	10/11/1995	20:26
19	Kristina Kubala	9/6/2003	20:30
20	Kristina Kubala	9/24/2003	20:32
21	Kelly O'Connell	9/23/1998	20:33
22	Kelly O'Connell	10/7/1998	20:36
23	Kayla Acker	10/25/2002	20:36
24	Kelly Boulger	10/29/2010	20:36
25	Lezlee Race	10/11/1995	20:45
26	Kelly O'Connell	9/29/1998	20:45
27	Sandy Colsher	10/23/1987	20:50
28	Kirsten Fitch	10/29/2004	20:50
29	Teal Zeisler	10/10/1998	20:52

SOPHOMORE BOYS – TOUGH TIMES

Under 17:30 (1985-2011)

	Name	Date	Time
1	Jesse Chalfant	10/2/1996	15:32
2	Ken DiMarzio	9/10/1998	15:49
3	Jason Leonard	10/29/2004	15:53
4	Matthew Lapp	10/10/1998	15:54
5	Sean Ward	10/29/2004	15:58
6	Matthew Lapp	9/10/1998	16:00
7	Tom Pannulla	10/29/2004	16:00
8	Sean Ward	9/29/2004	16:05
9	Jed Nowak	9/26/2001	16:10
10	Ken DiMarzio	10/10/1998	16:11
11	Sean Ward	9/22/2004	16:11
12	Ken DiMarzio	10/22/1998	16:13
13	Matthew Lapp	10/30/1998	16:13
14	Luis Rivera	10/2/1996	16:14
15	Matthew Lapp	10/22/1998	16:15
16	Ken DiMarzio	10/30/1998	16:17
17	Jesse Chalfant	10/12/1996	16:18
18	Matthew Lapp	11/7/1998	16:20
19	Keith Andrews	10/11/1997	16:25
20	Scott Shortlidge	10/10/1998	16:25
21	Sean Ward	10/13/2004	16:25
22	Justin Robertson	9/26/2001	16:26
23	Chris Rosato	9/27/2006	16:26
24	Billy Hackmeister	10/26/2007	16:27
25	Jason Leonard	9/29/2004	16:29
26	Sean Ward	9/25/2004	16:31
27	Chris Rosato	11/4/2006	16:32
28	Tom Pannulla	9/25/2004	16:33
29	Jesse Chalfant	10/26/1996	16:34
30	Chris Rosato	10/27/2006	16:34
31	Jed Nowak	10/26/2001	16:35
32	Joshua Nowak	9/10/1998	16:36
33	Tom Pannulla	10/13/2004	16:36
34	Matthew Lapp	10/3/1998	16:38
35	Tom Pannulla	9/29/2004	16:38
36	David Monachello	9/26/2001	16:39
37	Shane Snyder	10/26/2001	16:39
38	Sean Ward	9/11/2004	16:40
39	Wesley James	10/17/1986	16:41

	Name	Date	Time
40	Shane Snyder	9/26/2001	16:42
41	Jesse Chalfant	11/2/1996	16:44
42	Ken DiMarzio	10/3/1998	16:44
43	Tom Pannulla	11/6/2004	16:44
44	Chris Rosato	10/11/2006	16:44
45	Justin Robertson	10/8/2001	16:45
46	Ellis Wilson	10/25/2002	16:46
47	Justin Robertson	10/26/2001	16:47
48	Scott Shortlidge	10/30/1998	16:48
49	Ken DiMarzio	11/7/1998	16:48
50	Chris Rosato	9/30/2006	16:48
51	Pat McGinley	10/24/2008	16:49
52	Luis Rivera	10/12/1996	16:50
53	Scott Shortlidge	9/10/1998	16:50
54	Sean Ward	11/6/2004	16:50
55	Rob Robertson	10/9/1999	16:51
56	Tom Pannulla	9/4/2004	16:51
57	Jason Leonard	10/13/2004	16:51
58	Marquis Thomas	10/7/1992	16:52
59	Jason Leonard	9/11/2004	16:52
60	Sean Ward	10/6/2004	16:52
61	Jason Leonard	9/22/2004	16:53
62	Billy Hackmeister	9/12/2007	16:53
63	Tyrone LeCato	9/10/1998	16:54
64	Tyrone LeCato	10/10/1998	16:54
65	Jason Leonard	9/25/2004	16:54
66	Rob Robertson	9/4/1999	16:55
67	Sean Ward	9/15/2004	16:55
68	Pat McGinley	10/1/2008	16:55
69	Keith Andrews	9/24/1997	16:56
70	Billy Hackmeister	11/3/2007	16:56
71	Lexus Hales	10/2/1996	16:57
72	Jed Nowak	9/19/2001	16:57
73	Zach Mains	10/26/2007	16:57
74	Jesse Chalfant	10/5/1996	16:58
75	Ken DiMarzio	9/26/1998	16:58
76	Shane Snyder	9/19/2001	16:58
77	Matthew Lapp	9/26/1998	17:00
78	Jed Nowak	10/18/2001	17:00
79	Ken DiMarzio	9/29/1998	17:01
80	Jed Nowak	10/3/2001	17:01
81	Jed Nowak	9/6/2001	17:02
82	Tom Pannulla	9/11/2004	17:02
83	Tom Pannulla	9/22/2004	17:03

	Name	Date	Time
84	Nick Stepani	9/10/1998	17:04
85	Chris Rosato	9/9/2006	17:04
86	Rob Robertson	10/2/1999	17:05
87	Justin Robertson	9/19/2001	17:05
88	Jason Leonard	9/4/2004	17:05
89	Matthew Lapp	10/14/1998	17:06
90	Ryan Shaver	9/27/2000	17:06
91	Justin Robertson	10/18/2001	17:06
92	Ken DiMarzio	9/19/1998	17:07
93	Ken DiMarzio	10/14/1998	17:07
94	David Monachello	10/18/2001	17:07
95	Sean Ward	9/4/2004	17:07
96	Marquis Thomas	9/23/1992	17:08
97	Jesse Chalfant	9/5/1996	17:08
98	Rob Robertson	9/29/1999	17:08
99	Rob Robertson	10/29/1999	17:08
100	Jed Nowak	9/8/2001	17:08
101	Jason Leonard	11/6/2004	17:08
102	Scott Shortlidge	11/7/1998	17:09
103	Ryan Shaver	10/27/2000	17:09
104	Justin Robertson	9/6/2001	17:09
105	David Monachello	9/19/2001	17:09
106	Chris Rosato	9/20/2006	17:09
107	Matthew Lapp	10/7/1998	17:10
108	Ken DiMarzio	10/7/1998	17:10
109	Shane Snyder	10/18/2001	17:10
110	David Monachello	10/26/2001	17:10
111	Tom Pannulla	10/6/2004	17:10
112	Sean Ward	10/22/2004	17:11
113	Mike Jackson	9/9/1989	17:12
114	Jesse Chalfant	9/28/1996	17:12
115	Eric Balbierer	10/29/2011	17:12
116	Marlowe Tooles	10/26/2012	
117	Ken DiMarzio	9/12/1998	17:13
118	Shane Snyder	10/6/2001	17:13
119	Jed Nowak	10/6/2001	17:13
120	Jesse Chalfant	9/11/1996	17:14
121	Billy Hackmeister	10/18/2007	17:14
122	David Monachello	10/3/2001	17:15
123	David Monachello	10/10/2001	17:15
124	Jason Leonard	9/15/2004	17:15
125	Scott Shortlidge	10/3/1998	17:16
126	Rob Robertson	10/13/1999	17:16
127	Justin Robertson	10/6/2001	17:16

	Name	Date	Time
128	Jesse Chalfant	10/9/1996	17:17
129	Jason Leonard	10/8/2004	17:17
130	Sean Ward	10/2/2004	17:19
131	Chris Rosato	10/19/2006	17:20
132	Jeremiah Wise	10/11/2000	17:21
133	David Monachello	9/6/2001	17:21
134	Shane Snyder	9/8/2001	17:21
135	Jed Nowak	10/10/2001	17:21
136	Tom Pannulla	10/2/2004	17:21
137	Chris Cabott	9/24/1994	17:22
138	Matthew Lapp	9/19/1998	17:22
139	Chad Gordon	9/29/2004	17:22
140	Matthew Lapp	9/29/1998	17:23
141	Drew Mahoney	10/12/2005	17:23
142	Tyler Robertson	10/24/2008	17:23
143	Wesley James	9/27/1986	17:24
144	Jed Nowak	9/1/2001	17:24
145	Drew Mahoney	10/28/2005	17:24
146	Marquis Thomas	10/14/1992	17:25
147	Jesse Chalfant	9/14/1996	17:25
148	Ryan Shaver	10/11/2000	17:25
149	Jed Nowak	9/12/2001	17:25
150	Chris Rosato	10/7/2006	17:25
151	Matthew Lapp	9/12/1998	17:26
152	Scott Shortlidge	10/22/1998	17:26
153	Tyrone LeCato	10/30/1998	17:26
154	David Monachello	9/12/2001	17:26
155	Justin Robertson	9/12/2001	17:26
156	Wesley James	9/23/1986	17:27
157	Jesse Chalfant	10/18/1996	17:27
158	Jeff Harry	10/17/1986	17:28
159	Wesley James	10/25/1986	17:28
160	Steve Jackson	10/4/1989	17:29
161	Mike Jackson	10/4/1989	17:29
162	Steve Jackson	9/9/1989	17:29
163	Marquis Thomas	10/31/1992	17:29
164	Ken DiMarzio	9/23/1998	17:29
165	Matthew Lapp	9/23/1998	17:29
166	Tyrone LeCato	10/22/1998	17:29
167	Rob Robertson	10/6/1999	17:29
168	Justin Robertson	10/10/2001	17:29

SOPHOMORE GIRLS – TOUGH TIMES

Under 20:30 (1987-2011)

	Name	Date	Time
1	Kelly O'Connell	10/9/1999	18:43
2	Cori Rhoades	10/11/1991	18:48
3	Cori Rhoades	9/27/1991	18:58
4	Kelly O'Connell	10/29/1999	19:02
5	Katie Nowak	10/12/1996	19:11
6	Katie Nowak	10/2/1996	19:13
7	Kristina Kubala	10/29/2004	19:14
8	Cori Rhoades	10/29/1991	19:15
9	Kelly O'Connell	11/6/1999	19:22
10	Allison Heydt	10/2/1996	19:27
11	Cori Rhoades	9/25/1991	19:31
12	Allison Sirna	10/29/2004	19:34
13	Kelly O'Connell	10/13/1999	19:37
14	Cori Rhoades	9/18/1991	19:45
15	Kelly O'Connell	9/29/1999	19:46
16	Cori Rhoades	9/22/1991	19:49
17	Katie Nowak	10/5/1996	19:50
18	Cori Rhoades	9/11/1991	19:51
19	Kelly O'Connell	10/2/1999	19:53
20	Kelly O'Connell	9/4/1999	19:54
21	Ilea Frankovitch	10/12/1996	19:56
22	Lynda Buxton	9/24/1997	19:57
23	Ilea Frankovitch	10/2/1996	19:58
24	Katie Nowak	10/26/1996	20:01
25	Melanie Holl	10/30/2009	20:01
26	Mollie Dawson	10/26/2007	20:04
27	Lynda Buxton	10/11/1997	20:06
28	Kelly Boulger	9/3/2011	20:06
29	Laura McNally	10/2/1996	20:11
30	Katie Nowak	10/18/1996	20:12
31	Allison Heydt	10/12/1996	20:13
32	Kelly Boulger	9/24/2011	20:13
33	Katie Nowak	10/9/1996	20:14
34	Kelly O'Connell	10/6/1999	20:14
35	Katherine Frank	10/27/2006	20:15
36	Allison Heydt	10/26/1996	20:19

	Name	Date	Time
37	Kelly Boulger	9/21/2011	20:19
38	Kelly Boulger	10/20/2011	20:21
39	Cori Rhoades	9/7/1991	20:24
40	Allison Heydt	10/18/1996	20:24
41	Kelly O'Connell	9/18/1999	20:24
42	Sandy Colsher	10/22/1988	20:29

JUNIOR BOYS – TOUGH TIMES

Under 17:00 (1985-2011)

	Name	Date	Time
1	Kyle Dawson	10/28/2005	15:16
2	J. R. Cox	10/2/1996	15:26
3	Kyle Dawson	10/12/2005	15:32
4	Jesse Chalfant	10/11/1997	15:37
5	Jesse Chalfant	9/24/1997	15:40
6	Jason Leonard	10/28/2005	15:43
7	Chris Rosato	9/12/2007	15:46
8	Chris Rosato	10/26/2007	15:48
9	J. R. Cox	10/12/1996	15:49
10	Sean Ward	10/28/2005	15:51
11	Kyle Dawson	9/24/2005	15:52
12	Luis Rivera	10/11/1997	15:53
13	Luis Rivera	9/24/1997	15:54
14	Kyle Dawson	11/5/2005	15:54
15	Justin Robertson	10/25/2002	15:55
16	Justin Robertson	9/10/2002	15:57
17	Owen Dawson	10/28/2005	15:59
18	Amin Garnett	10/24/2003	16:00
19	Andrew Mahoney	10/27/2006	16:03
20	Sean Ward	10/12/2005	16:05
21	Kyle Dawson	9/3/2005	16:07
22	Tom Pannulla	10/28/2005	16:09
23	Jesse Chalfant	10/24/1997	16:10
24	Sean Ward	9/24/2005	16:10
25	Billy Hackmeister	10/24/2008	16:10
26	Rob Robertson	10/27/2000	16:11
27	Kyle Dawson	9/10/2005	16:11
28	Owen Dawson	10/12/2005	16:11
29	Ken DiMarzio	9/4/1999	16:12
30	Jason Leonard	10/12/2005	16:15
31	Jed Nowak	9/10/2002	16:16
32	Ellis Wilson	10/24/2003	16:17
33	Chris Rosato	9/29/2007	16:18
34	Jason Leonard	9/3/2005	16:19
35	Rob Robertson	10/7/2000	16:20
36	Kyle Dawson	10/1/2005	16:20

	Name	Date	Time
37	Jason Leonard	9/24/2005	16:21
38	Jesse Chalfant	9/27/1997	16:22
39	Shane Snyder	10/25/2002	16:22
40	Bryan Wolf	10/26/2007	16:22
41	Zach Mains	10/24/2008	16:22
42	Wesley James	10/23/1987	16:23
43	Rob Robertson	9/9/2000	16:23
44	Keith Andrews	9/10/1998	16:23
45	Jason Leonard	9/10/2005	16:23
46	Chris Rosato	9/8/2007	16:23
47	Ken DiMarzio	9/29/1999	16:24
48	Andrew Mahoney	10/11/2006	16:24
49	Chris Rosato	9/1/2007	16:24
50	Kyle Dawson	9/21/2005	16:25
51	Luis Rivera	9/27/1997	16:26
52	Shane Snyder	9/10/2002	16:26
53	Amin Garnett	10/1/2003	16:26
54	Sean Ward	9/10/2005	16:26
55	Marquis Thomas	9/11/1993	16:27
56	Ken DiMarzio	11/6/1999	16:27
57	Jed Nowak	9/25/2002	16:27
58	Chris Rosato	10/18/2007	16:27
59	Shane Snyder	9/25/2002	16:29
60	Andrew Mahoney	9/27/2006	16:29
61	Bryan Wolf	9/12/2007	16:29
62	Shane Snyder	9/14/2002	16:30
63	Tom Pannulla	9/24/2005	16:30
64	Billy Hackmeister	10/1/2008	16:30
65	Amin Garnett	10/4/2003	16:31
66	Dan Dix	10/11/1995	16:32
67	Sean Ward	11/5/2005	16:32
68	J. R. Cox	10/26/1996	16:33
69	Chris Rosato	11/3/2007	16:33
70	Jesse Chalfant	10/1/1997	16:34
71	Sean Ward	9/21/2005	16:36
72	Tom Pannulla	10/12/2005	16:36
73	Andrew Mahoney	11/4/2006	16:36
74	Connor McLaughlin	9/12/2009	16:36
75	Owen Dawson	11/5/2005	16:37
76	Jeff Barrage	10/11/1997	16:38

	Name	Date	Time
77	Rob Robertson	11/4/2000	16:38
78	Chad Gordon	10/28/2005	16:38
79	Luis Rivera	10/24/1997	16:39
80	Owen Dawson	9/24/2005	16:39
81	Ryan Shaver	9/26/2001	16:40
82	Sean Ward	9/3/2005	16:40
83	Connor McLaughlin	9/26/2009	16:40
84	Matthew Lapp	10/29/1999	16:41
85	Amin Garnett	11/1/2003	16:41
86	Connor McLaughlin	10/30/2009	16:41
87	Ken DiMarzio	10/29/1999	16:42
88	J. R. Cox	11/2/1996	16:43
89	Owen Dawson	9/10/2005	16:43
90	Bryan Wolf	9/29/2007	16:43
91	Wayne Vincent	10/1/1986	16:44
92	Rob Robertson	9/2/2000	16:44
93	Ellis Wilson	10/1/2003	16:44
94	Connor McLaughlin	9/16/2009	16:44
95	Jed Nowak	10/25/2002	16:45
96	David Monachello	10/25/2002	16:45
97	Billy Hackmeister	10/16/2008	16:45
98	Jesse Chalfant	11/1/1997	16:46
99	Tom Pannulla	9/10/2005	16:46
100	Chad Gordon	10/12/2005	16:46
101	Wayne Vincent	10/17/1986	16:47
102	Tom Pannulla	9/3/2005	16:47
103	Andy Gaskins	9/11/1993	16:48
104	Rob Robertson	9/27/2000	16:48
105	Jed Nowak	9/28/2002	16:48
106	Justin Robertson	10/17/2002	16:48
107	Ryan Shaver	10/26/2001	16:49
108	Billy Hackmeister	8/30/2008	16:49
109	Jesse Chalfant	9/6/1997	16:50
110	Shane Snyder	9/28/2002	16:50
111	Amin Garnett	9/17/2003	16:50
112	Chris Rosato	9/26/2007	16:50
113	Bryan Wolf	10/18/2007	16:50
114	Zach Mains	10/1/2008	16:50
115	Matthew Lapp	9/4/1999	16:51
116	Chris Rosato	10/3/2007	16:51

	Name	Date	Time
117	Jeff Barrage	9/24/1997	16:52
118	Shane Snyder	10/17/2002	16:53
119	Amin Garnett	10/8/2003	16:54
120	Dan Dix	10/3/1995	16:55
121	Justin Robertson	10/9/2002	16:55
122	Matthew Lapp	9/29/1999	16:56
123	Rob Robertson	9/27/2000	16:56
124	J. R. Cox	9/28/1996	16:57
125	Scott Shortlidge	10/9/1999	16:57
126	Shane Snyder	10/9/2002	16:57
127	Amin Garnett	9/27/2003	16:57
128	Kyle Dawson	10/19/2005	16:57
129	Bryan Wolf	11/3/2007	16:57
130	Connor McLaughlin	10/22/2009	16:57
131	Jackson Davis	10/21/2010	16:58
132	Mike Jackson	10/3/1990	16:58
133	Justin Robertson	11/2/2002	16:58
134	Ellis Wilson	10/4/2003	16:58
135	Chris Rosato	10/6/2007	16:58

JUNIOR GIRLS – TOUGH TIMES

Under 20:00 (1987-2011)

	Name	Date	Time
1	Katie Nowak	9/24/1997	18:39
2	Cori Rhoades	10/31/1992	18:49
3	Katie Nowak	10/11/1997	18:54
4	Kelly O'Connell	10/27/2000	18:57
5	Cori Rhoades	9/23/1992	18:59
6	Cori Rhoades	9/4/1992	19:02
7	Kelly O'Connell	10/11/2000	19:05
8	Kelly O'Connell	9/7/2000	19:10
9	Kelly O'Connell	9/27/2000	19:15
10	Cori Rhoades	10/14/1992	19:17
11	Kristina Kubala	10/28/2005	19:17
12	Cori Rhoades	10/7/1992	19:18
13	Allison Heydt	9/24/1997	19:22
14	Cori Rhoades	11/7/1992	19:24
15	Ilea Frankovitch	9/24/1997	19:28
16	Nicole Laquintano	9/11/1993	19:29
17	Katherine Frank	10/26/2007	19:29
18	Katie Nowak	10/24/1997	19:31
19	Cori Rhoades	9/16/1992	19:32
20	Cori Rhoades	10/17/1992	19:40
21	Kelly O'Connell	9/9/2000	19:40
22	Kelly O'Connell	11/4/2000	19:41
23	Laura McNally	9/24/1997	19:43
24	Katie Nowak	9/27/1997	19:43
25	Kelly O'Connell	10/19/2000	19:43
26	Cori Rhoades	10/23/1992	19:44
27	Kelly O'Connell	10/7/2000	19:45
28	Allison Heydt	10/11/1997	19:47
29	Cori Rhoades	9/13/1992	19:48
30	Lynda Buxton	10/10/1998	19:49
31	Melanie Holl	10/29/2011	19:50
32	Kelly O'Connell	9/23/2000	19:52
33	Cori Rhoades	9/30/1992	19:53
34	Lynda Buxton	9/10/1998	19:53
35	Kristina Kubala	9/24/2005	19:53
36	Ilea Frankovitch	10/11/1997	19:55

	Name	Date	Time
37	Katie Weidner	10/26/2007	19:55
38	Kelly O'Connell	9/2/2000	19:56
39	Kelly O'Connell	9/13/2000	19:57
40	Lynda Buxton	11/7/1998	19:58

SENIOR BOYS – TOUGH TIMES

Under 16:30 (1985-2011)

	Name	Date	Time
1	Kyle Dawson	10/27/2006	14:58
2	Kyle Dawson	10/11/2006	15:10
3	Rob Robertson	9/26/2001	15:12
4	Kyle Dawson	9/30/2006	15:17
5	Kyle Dawson	11/4/2006	15:17
6	Owen Dawson	10/27/2006	15:22
7	J. R. Cox	10/11/1997	15:27
8	Amin Garnett	10/29/2004	15:29
9	Tom Pannulla	10/27/2006	15:29
10	Kyle Dawson	9/27/2006	15:30
11	Ellis Wilson	9/22/2004	15:31
12	Jason Leonard	9/27/2006	15:31
13	Jesse Chalfant	9/10/1998	15:37
14	Rob Robertson	10/26/2001	15:37
15	Tom Pannulla	11/4/2006	15:38
16	Jason Leonard	10/27/2006	15:39
17	J. R. Cox	9/24/1997	15:40
18	Owen Dawson	10/11/2006	15:40
19	Tom Pannulla	9/27/2006	15:41
20	Jesse Chalfant	10/10/1998	15:42
21	Ryan Shaver	10/25/2002	15:45
22	Kyle Dawson	9/20/2006	15:45
23	Bob Hendricks	9/11/1993	15:46
24	Ellis Wilson	10/29/2004	15:47
25	Sean Ward	10/27/2006	15:47
26	Owen Dawson	11/4/2006	15:47
27	Sean Ward	10/11/2006	15:49
28	Chris Rosato	10/24/2008	15:50
29	Jason Leonard	9/30/2006	15:51
30	Andrew Mahoney	9/12/2007	15:52
31	Kyle Dawson	10/7/2006	15:54
32	Sean Ward	11/4/2006	15:54
33	Ellis Wilson	9/29/2004	15:56
34	Kyle Dawson	9/9/2006	15:56
35	Tom Pannulla	9/30/2006	15:56
36	Andrew Mahoney	10/26/2007	15:57

	Name	Date	Time
37	Tom Pannulla	10/11/2006	15:58
38	Jason Leonard	11/4/2006	15:59
39	Kyle Dawson	10/19/2006	16:00
40	Rob Robertson	10/3/2001	16:01
41	Rob Robertson	9/8/2001	16:02
42	Kyle Dawson	9/6/2006	16:05
43	Rob Robertson	9/12/2001	16:06
44	J. R. Cox	10/24/1997	16:07
45	Luis Rivera	10/10/1998	16:07
46	Owen Dawson	9/30/2006	16:08
47	Ed McCrae	10/18/1985	16:09
48	Rob Robertson	10/6/2001	16:09
49	Jason Leonard	10/11/2006	16:09
50	Sean Ward	9/27/2006	16:10
51	Andrew Mahoney	9/29/2007	16:10
52	Connor McLaughlin	10/6/2010	16:11
53	Jesse Chalfant	10/22/1998	16:12
54	Rob Robertson	9/6/2001	16:12
55	Amin Garnett	11/6/2004	16:12
56	Dan Dix	10/2/2001	16:13
57	Rob Robertson	10/18/2001	16:13
58	Andrew Mahoney	10/18/2007	16:13
59	Luis Rivera	9/10/1998	16:16
60	Andrew Mahoney	9/1/2007	16:16
61	Ben Goodwin	10/26/2007	16:16
62	Luis Rivera	10/30/1998	16:17
63	Matthew Lapp	10/27/2000	16:17
64	Rob Robertson	9/1/2001	16:19
65	Tom Pannulla	9/20/2006	16:19
66	Tom Pannulla	9/9/2006	16:20
67	Ellis Wilson	10/13/2004	16:21
68	Chris Rosato	10/1/2008	16:23
69	Ellis Wilson	9/25/2004	16:24
70	Shane Snyder	10/7/2003	16:24
71	Sean Ward	9/30/2006	16:24
72	Connor McLaughlin	10/29/2010	16:24
73	J. R. Cox	10/8/1997	16:25
74	Matthew Lapp	9/13/2000	16:25
75	James Smith	10/25/2002	16:25
76	Shane Snyder	10/24/2003	16:25

	Name	Date	Time
77	Jesse Chalfant	11/7/1998	16:26
78	Rob Robertson	11/3/2001	16:27
79	Tom Pannulla	9/6/2006	16:27
80	Andrew Mahoney	11/3/2007	16:27
81	J. R. Cox	11/1/1997	16:28
82	Owen Dawson	10/19/2006	16:28
83	Zach Mains	9/12/2009	16:28
84	Zach Mains	9/26/2009	16:28
85	Billy Hackmeister	9/26/2009	16:28
86	Matthew Lapp	9/27/2000	16:29
87	Kyle Dawson	9/2/2006	16:29
88	Tom Pannulla	10/7/2006	16:29
89	Tom Pannulla	10/19/2006	16:29

SENIOR GIRLS – TOUGH TIMES

Under 19:30 (1987-2011)

	Name	Date	Time
1	Katie Nowak	10/10/1998	18:10
2	Kelly O'Connell	10/26/2001	18:14
3	Katie Nowak	11/7/1998	18:15
4	Kelly O'Connell	9/26/2001	18:16
5	Katie Nowak	10/30/1998	18:17
6	Kelly O'Connell	9/9/2001	18:17
7	Cori Rhoades	9/11/1993	18:20
8	Cori Rhoades	10/13/1993	18:25
9	Marie Hess	10/11/1995	18:27
10	Sheena Crawley	10/24/2008	18:38
11	Katie Nowak	9/10/1998	18:41
12	Kelly O'Connell	10/6/2001	18:44
13	Kelly O'Connell	10/18/2001	18:48
14	Kelly O'Connell	10/10/2001	18:52
15	Kristina Kubala	10/27/2006	18:52
16	Kelly O'Connell	9/8/2001	18:53
17	Kelly O'Connell	10/3/2001	18:53
18	Cori Rhoades	10/6/1993	19:02
19	Kristina Kubala	11/4/2006	19:03
20	Kelly O'Connell	9/6/2001	19:05
21	Allison Heydt	9/10/1998	19:09
22	Katie Nowak	10/3/1998	19:09
23	Katie Nowak	10/22/1998	19:12
24	Kelly O'Connell	11/3/2001	19:12
25	Katie Nowak	10/14/1998	19:14
26	Allison Heydt	11/7/1998	19:14
27	Kelly O'Connell	9/12/2001	19:17
28	Kristina Kubala	9/30/2006	19:17
29	Kelly O'Connell	9/1/2001	19:21
30	Cori Rhoades	10/16/1993	19:22
31	Sheena Crawley	10/1/2008	19:23
32	Kirsten Fitch	10/26/2007	19:25
33	Katie Nowak	9/26/1998	19:29

WHERE ARE THEY NOW?

Coatesville Cross Country athletes now running for colleges and universities.

Sheana Crawley	Franklin and Marshall University
Kyle Dawson	Penn State University
Owen Dawson	Penn State University
Jackson Davis	Gettysburg College
Kirsten Fitch	University of Delaware
Katherine Frank	Temple University
Emily Frank	Kutztown University
Billy Hackmeister	Rider University
Zach Mains	Millersville University
Samantha Martin	Slippery Rock University
Connor McLaughlin	East Stroudsburg University
Dylan Singley	East Stroudsburg University
Zoe Wilson	Bloomsburg University

CHES-MONT CHAMPIONSHIP

INDIVIDUAL CHAMPIONS

Boys	
Jesse Chalfont	1998
Mathew Lapp	2000
Rob Robertson	2001
Ellis Wilson	2004
Kyle Dawson	2006

Girls	
Cori Rhoades	1992
Katie Nowak	1996
Katie Nowak	1997
Katie Nowak	1998
Kelly O'Connell	1999
Kelly O'Connell	2000
Kelly O'Connell	2001

CHES-MONT CHAMPIONSHIP

TEAM TITLES

Boys

1998

1999

2000

2001

2004

2005

2006

2007

Girls

1996

1997

1998

1999

2000

2001

DISTRICT I

INDIVIDUAL CHAMPIONS

Boys	
Rob Robertson	2001

DISTRICT I

TEAM CHAMPIONSHIPS

2004

Josh Beldner

Amin Garnett

Chad Gordon

Jason Leonard

Tom Pannulla

Sean Ward

Ellis Wilson

2005

Mike Collins

Kyle Dawson

Owen Dawson

Chad Gordon

Jason Leonard

Tom Pannulla

Sean Ward

2006

Kyle Dawson

Owen Dawson

Jason Leonard

Andrew Mahoney

Tom Pannulla

Chris Rosato

Sean Ward

STATE PARTICIPANTS – BOYS

1985-2011

Name	Course	Year	Time	Place
Rob Robertson	Hershey Park	2001	16:27	3
Amin Garnett	Hershey Park	2004	16:12	3
Kyle Dawson	Hershey Park G	2006	15:17	3
Tom Pannulla	Hershey Park G	2006	15:38	6
Rob Robertson	Bucknell	2000	16:38	7
Kyle Dawson	Hershey Park	2005	15:54	7
Owen Dawson	Hershey Park G	2006	15:47	8
Matthew Lapp	Bucknell	2000	16:40	10
Sean Ward	Hershey Park G	2006	15:54	12
Amin Garnett	Hershey Park	2003	16:41	16
Andrew Mahoney	Hershey Park G	2007	16:27	16
Jason Leonard	Hershey Park G	2006	15:59	18
J. R. Cox	Penn State	1997	16:28	21
Matthew Lapp	Penn State	1998	16:20	23
Chris Rosato	Hershey Park G	2007	16:33	23
Ryan Shaver	Hershey Park	2002	16:55	26
Ellis Wilson	Hershey Park	2004	16:42	26
Ken DiMarzio	Lehigh	1999	16:27	27
Jesse Chalfant	Penn State	1998	16:26	28
Tom Pannulla	Hershey Park	2004	16:44	28
Sean Ward	Hershey Park	2005	16:32	28
Ken DiMarzio	Bucknell	2000	17:08	31
Justin Robertson	Hershey Park	2002	16:59	32
Owen Dawson	Hershey Park	2005	16:37	32
J. R. Cox	Bucknell	1996	16:43	34
Sean Ward	Hershey Park	2004	16:50	34
Jesse Chalfant	Bucknell	1996	16:44	35
Connor McLaughlin	Hershey Park G	2010	16:51	38
Jesse Chalfant	Penn State	1997	16:46	41
Ellis Wilson	Hershey Park	2003	17:09	47
Chris Rosato	Hershey Park G	2006	16:32	52
Billy Hackmeister	Hershey Park G	2007	16:56	57
Ken DiMarzio	Penn State	1998	16:48	58
Jason Leonard	Hershey Park	2004	17:08	59
Bryan Wolf	Hershey Park G	2007	16:57	59
Shane Snyder	Hershey Park	2002	17:18	62

Name	Course	Year	Time	Place
Andrew Mahoney	Hershey Park G	2006	16:36	62
Kyle Dawson	Hershey Park	2003	17:24	69
Chris Rosato	Hershey Park G	2008	16:20	70
Mike McGinley	Hershey Park	2001	17:34	76
Jed Nowak	Hershey Park	2003	17:29	78
James Smith	Hershey Park	2002	17:24	79
Joshua Nowak	Bucknell	2000	17:37	80
Ben Goodwin	Hershey Park G	2007	17:06	82
Jesse Yacoe	Bucknell	2000	17:40	87
Kevin Ammon	Hershey Park G	2007	17:12	95
Scott Shortlidge	Bucknell	2000	17:44	96
Jason Leonard	Hershey Park	2005	17:15	96
Jed Nowak	Hershey Park	2001	17:43	101
Ryan Shaver	Bucknell	2000	17:45	102
Ryan Shaver	Hershey Park	2001	17:45	107
Luis Rivera	Penn State	1998	17:04	111
Ellis Wilson	Hershey Park	2002	17:43	116
Shane Snyder	Hershey Park	2003	17:46	116
Chad Gordon	Hershey Park	2005	17:24	116
Zach Wilson	Hershey Park G	2007	17:24	122
Matthew Lapp	Lehigh	1999	17:09	123
Scott Shortlidge	Penn State	1998	17:09	124
Joe Bekaert	Hershey Park	2003	17:52	128
Tom Pannulla	Hershey Park	2005	17:30	131
Justin Robertson	Hershey Park	2001	17:58	140
David Monachello	Hershey Park	2002	17:59	146
Shane Snyder	Hershey Park	2001	18:01	147
Jackson Davis	Hershey Park	2011	17:44	164
Justin Robertson	Hershey Park	2003	18:12	171
David Monachello	Hershey Park	2001	18:15	173
Joe Bekaert	Hershey Park	2002	18:25	197
Josh Beldner	Hershey Park	2004	18:09	209
Chad Gordon	Hershey Park	2004	18:22	223
Tyrone LeCato	Penn State	1998	17:46	227
Chris Rosato	Hershey Park	2005	18:46	227
Keith Andrews	Penn State	1998	17:54	238

2000 Cross Country Team	1st place finish
2006 Cross Country Team	1st place finish
2004 Cross Country Team	2nd place finish

2007 Cross Country Team	2nd place finish
2002 Cross Country Team	4th place finish
2005 Cross Country Team	4th place finish
1998 Cross Country Team	5th place finish
2001 Cross Country Team	6th place finish
2003 Cross Country Team	6th place finish



STATE PARTICIPANTS – GIRLS

1987-2011

Name	Course	Year	Time	Place
Katie Nowak	Penn State	1998	18:15	3
Kelly O'Connell	Hershey Park	2001	19:12	3
Kelly O'Connell	Bucknell	2000	19:41	8
Sheena Crawley	Hershey Park G	2008	19:34	15
Allison Heydt	Penn State	1998	19:14	24
Kristina Kubala	Hershey Park G	2006	19:03	24
Cori Rhoades	Penn State	1992	19:24	26
Kelly O'Connell	Lehigh	1999	19:22	42
Kristina Kubala	Hershey Park	2003	20:15	49
Deborah Kinsey	Hershey Park	2002	20:28	64
Katie Nowak	Penn State	1997	20:04	71
Cori Rhoades	Lehigh	1993	20:11	73
Cori Rhoades	Hershey	1991	17:40	76
Lynda Buxton	Penn State	1998	19:58	79
Katie Nowak	Bucknell	1996	20:35	82
Kelly O'Connell	Penn State	1998	20:02	86
Kristina Kubala	Hershey Park	2004	20:41	90
Theresa Stanford	Penn State	1998	20:10	104
Kristina Kubala	Hershey Park	2005	20:42	134
Kirsten Fitch	Hershey Park G	2007	20:57	141
Kellyn Wright	Hershey Park	2005	21:03	161
Ilea Frankovitch	Penn State	1998	20:47	169
Tiffany DiMatteo	Penn State	1998	21:51	238

1998 Cross Country Team	3rd place finish
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PIAA STATE TEAM CHAMPIONS

2000

Ken DiMarzio
Matthew Lapp
Joshua Nowak
Rob Robertson
Ryan Shaver
Scott Shortlidge
James Smith
Jeremiah Wise
Jesse Yoacoe

2006

Kyle Dawson
Owen Dawson
Jason Leonard
Andrew Mahoney
Tom Pannulla
Chris Rosato
Sean Ward

PIAA STATE TEAM RUNNER-UPS

2004

Josh Beldner
Amin Garnett
Chad Gordon
Jason Leonard
Tom Pannulla
Sean Ward
Ellis Wilson

2007

Kevin Ammon
Ben Goodwin
Billy Hackmeister
Andrew Mahoney
Chris Rosato
Zach Wilson
Bryan Wolf

MID-EAST CROSS COUNTRY CHAMPIONSHIP

Coatesville Cross Country senior athletes selected to run for the state of Pennsylvania against the best seniors from Ohio, Michigan, Indiana, Kentucky, and Illinois. (Sponsored by the PTFCA).

Katie Nowak	1998
Allison Heydt	1998
Matt Lapp	2000
Rob Robertson	2001
Amin Garnett	2003
Andrew Mahoney	2007



NIKE TEAM NATIONALS
NATIONAL CHAMPIONS

Coatesville Boys Cross Country
(Bridgetown XC Club)
2006

Kyle Dawson
Owen Dawson
Jason Leonard
Andrew Mahoney
Tom Pannulla
Chris Rosato
Sean Ward